

RNS Performance Series 2015
All Male Competitors

Men's Standings

	Name	CUA Lung Run 5K	Penguin Run 5K	Lunenburg WHS 5K	Lobster 10K	Sheila Poole 10K	Nova Scotia Half Marathon	Natal Day 6 Mile	Cobequid Trial Half Marathon	Valley Harvest Half Marathon	Combined Best Times	Total Races	
1	Graydon Snider	0:15:08						0:32:22		1:09:06	01:56:36	3	Open
2	Matthias Mueller			0:16:24				0:36:05		1:14:19	02:06:48	3	Open
3	Wade Were		0:17:17					0:35:32		1:16:48	02:09:37	3	40 to 49
4	Ray Moorehead			0:17:40				0:37:32	1:20:51		02:16:03	3	50 & Over
5	Bryan Hipson	0:16:52		0:17:22		0:34:57		0:36:09		1:24:23	02:16:12	5	40 to 49
6	Derek Estabrook	0:17:11		0:17:55				0:37:57		1:21:10	02:16:18	4	50 & Over
7	Clint Cummings		0:19:28				1:22:59	0:37:53		1:23:48	02:20:20	4	40 to 49
8	Ian Holdway			0:19:09	0:39:31		1:33:18	0:39:53		1:23:47	02:22:27	5	Open
9	Patrick White			0:17:54	0:36:50				1:27:52		02:22:36	3	Open
10	Ian MacIntyre	0:17:41	0:17:49					0:38:36		1:27:17	02:23:34	4	Open
11	Pierre Laberge			0:19:59	0:40:09			0:40:10		1:24:40	02:24:48	4	50 & Over
12	Cory Richards		0:19:00	0:19:30				0:42:23		1:25:25	02:26:48	4	40 to 49
13	Dave Nevitt			0:19:25		0:38:49			1:31:53	1:28:53	02:27:07	4	50 & Over
14	Andrew Hanlon		0:19:13	0:19:35				0:40:53	1:30:19		02:30:25	4	40 to 49
15	Damian McCarville		0:19:13	0:19:34			1:33:04	0:40:48			02:33:05	4	Open
16	Tim Duguay			0:20:12			1:40:16	0:41:24		1:32:58	02:34:34	4	Open
17	Steve Morley			0:19:46				0:40:59		1:35:40	02:36:25	3	40 to 49
18	Ian Whynacht			0:20:33			1:35:28	0:44:03	1:34:08	1:32:02	02:36:38	5	Open
19	Steve Taylor		0:20:26	0:20:59	0:44:39		1:35:24	0:44:13	1:34:43		02:39:22	6	40 to 49
20	Doug Graham	0:21:52			0:46:49		1:39:11	0:47:30	1:41:59		02:47:52	5	50 & Over
21	Ryan Hutchinson		0:20:34					0:45:37	1:43:02	1:41:53	02:48:04	4	Open
22	Jeffrey M. Oakes		0:22:29	0:22:31			1:43:18	0:48:35		1:42:17	02:53:21	5	50 & Over
23	Chris Anderson		0:22:48	0:22:43		0:47:42		0:48:14	1:45:46		02:56:11	5	50 & Over
24	Randy Faulkner			0:24:19	0:49:11		1:49:44	0:49:46	1:50:31	1:42:45	02:56:15	6	50 & Over
25	Jeffrey Goodine			0:23:14	0:50:27		1:50:35	0:50:13	1:54:23	2:19:56	03:04:02	6	Open
26	Andrew Barbour			0:23:55				0:55:27		1:48:58	03:08:20	3	40 to 49
27	John Aguinaga	0:26:55					2:11:52	0:59:57	2:04:30	1:58:34	03:25:26	5	50 & Over
28	Nelson Porteous			0:31:21	1:02:45					2:16:06	03:50:12	3	50 & Over

9 15 33 9 9 11 35 12 12

RNS Performance Series 2015

Top Three Overall Male Competitors

	Name	CUA Lung Run 5K	Penguin Run 5K	Lunenburg WHS 5K	Lobster 10K	Sheila Poole 10K	Nova Scotia Half Marathon	Natal Day 6 Mile	Cobequid Trial Half Marathon	Valley Harvest Half Marathon	Combined Best Times	Total Races
1	Graydon Snider	0:15:08						0:32:22		1:09:06	01:56:36	3
2	Matthias Mueller			0:16:24				0:36:05		1:14:19	02:06:48	3
3	Wade Were		0:17:17					0:35:32		1:16:48	02:09:37	3

RNS Performance Series 2015

Male Competitors Age 40 to 49

	Name	CUA Lung Run 5K	Penguin Run 5K	Lunenburg WHS 5K	Lobster 10K	Sheila Poole 10K	Nova Scotia Half Marathon	Natal Day 6 Mile	Cobequid Trial Half Marathon	Valley Harvest Half Marathon	Combined Best Times	Total Races
1	Bryan Hipson	0:16:52		0:17:22		0:34:57		0:36:09		1:24:23	02:16:12	5
2	Clint Cummings		0:19:28				1:22:59	0:37:53		1:23:48	02:20:20	4
3	Cory Richards		0:19:00	0:19:30				0:42:23		1:25:25	02:26:48	4
4	Andrew Hanlon		0:19:13	0:19:35				0:40:53	1:30:19		02:30:25	4
5	Steve Morley			0:19:46				0:40:59		1:35:40	02:36:25	3
6	Steve Taylor		0:20:26	0:20:59	0:44:39		1:35:24	0:44:13	1:34:43		02:39:22	6
7	Andrew Barbour			0:23:55				0:55:27		1:48:58	03:08:20	3

RNS Performance Series 2015

Male Competitors Age 50 & Older

	Name	CUA Lung Run 5K	Penguin Run 5K	Lunenburg WHS 5K	Lobster 10K	Sheila Poole 10K	Nova Scotia Half Marathon	Natal Day 6 Mile	Cobequid Trial Half Marathon	Valley Harvest Half Marathon	Combined Best Times	Total Races
1	Ray Moorehead			0:17:40				0:37:32	1:20:51		02:16:03	3
2	Derek Estabrook	0:17:11		0:17:55				0:37:57		1:21:10	02:16:18	4
3	Pierre Laberge			0:19:59	0:40:09			0:40:10		1:24:40	02:24:48	4
4	Dave Nevitt			0:19:25		0:38:49			1:31:53	1:28:53	02:27:07	4
5	Doug Graham	0:21:52			0:46:49		1:39:11	0:47:30	1:41:59		02:47:52	5
6	Jeffrey M. Oakes		0:22:29	0:22:31			1:43:18	0:48:35		1:42:17	02:53:21	5
7	Chris Anderson		0:22:48	0:22:43		0:47:42		0:48:14	1:45:46		02:56:11	5
8	Randy Faulkner			0:24:19	0:49:11		1:49:44	0:49:46	1:50:31	1:42:45	02:56:15	6
9	John Aguinaga	0:26:55					2:11:52	0:59:57	2:04:30	1:58:34	03:25:26	5
10	Nelson Porteous			0:31:21	1:02:45					2:16:06	03:50:12	3