2017 Run Nova Scotia Road Race Series Age Group Standings **MEN** updated 10/22/2017 from membership list up to 10/13/17

To report errors or omissions, please contact Chloe at chloe.aerobicsfirst@gmail.com

M01-19

Run NS Number	First Name	Last Name	Run Our Shore 5km	Run Our Shore 10km	Run Our Shore Half Marathon	Eastern Lobster Run 5k	Eastern Lobster Run 10k	Eastern Lobster Run 21.1k	OSPREY 5k RUN/WALK	Penguin Run 5k	Lunenburg World Heritage Site 5k Road Race	Liverpool Privateer 5 Mile Road Race	MEC Race Three - Salt Marsh Trail 5k	MEC Race Three - Salt Marsh Trail 10k	MEC Race Three - Salt Marsh Trail 21.1k	EPIC Canadian Run for Canada - 6.1k	EPIC Canadian Run for Canada - 10k	EPIC Canadian Run for Canada - 10.5k	EPIC Canadian Run for Canada - 21.1k	Sheila Poole 10K	Nova Scotia Marathon 10K	Nova Scotia Marathon 21.1 K	Nova Scotia Marathon 42.2 K	Windsor 5k Fun Run	MACPASS Mile	Dartmouth Natal Day 2-Mile Road Race	Dartmouth Natal Day 6-Mile Road Race	Digby Scallop Days 5k Fun Run	Digby Scallop Days 10k Fun Run	Louisbourg Race Through Time	Cobequid Trail Run 5k	Cobequid Trail Run 10k	Cobequid Trail Run 21.1k	66th Annual Berwick Gala Days 5 Mile Road Race	Cape Breton Fiddlers Run 5k	Cape Breton Fiddlers Run 10k	Cape Breton Fiddlers Run 21.1k	Cape Breton Fiddlers Run 42.2k	MEC Race Four 5k	MEC Race Four 10k	MEC Race Four 15k	Rocky's Run	Volunteer	Total Events	Total (Top 9)
6218	Aiden	Flynn Dolliver	55									55				49				49				47		49					49			48	49							55	60	11	470
6680	Matthew	Ratushny							49	55	48																	55			48				55									60	7	370
6161	PJ	MacLean									49										55				48	48					55														5	255
6163	Benjamin	Foote									55						55					55																						3	165
6610	Jacob	Benoit																						55			55							55										3	165
6745	Hidde	Verkoeijen																														55				55				55				3	165
6578	Oliver	Baker														55								49										49										3	153
6542	Kyle	Patelakis							55																55																			2	110
6422	Sam	Hawkins																		55																								1	55
6703	Finley	Brennan																										55																1	55
6241	Noah	James																														55												1	55
6492	Toby	Leeder																										49																1	49
6309	Colby	Burnham																							49																			1	49
6242	Zachary	James																														49												1	49
6789	James	Burgess																														48												1	48
6504	Ethan	Travis																																										0	0
6712	Andrew	Peverill																																										0	0
6774	Adam	Crocker																																										0	0
6809	Haden	Botma																																										0	0
5311	Nelson	Kruszewski																																										0	0
5734	Connor	MacMillan																																										0	0
Participants			1	0	0	0	0	0	2	1	3	1	0	0	0	2	1	0	0	2	1	1	0	4	3	2	2	1	0	0	3	1	0	3	2	1	0	0	3	0	1	1		44	37

M20-24

Run NS Number	First Name	Last Name	Run Our Shore 5km	Run Our Shore 10km	Run Our Shore Half Marathon	Eastern Lobster Run 5k	Eastern Lobster Run 10k	Eastern Lobster Run 21.1k	OSPREY 5k RUN/WALK	Penguin Run 5k	Lunenburg World Heritage Site 5k Road Race	Liverpool Privateer 5 Mile Road Race	MEC Race Three - Salt Marsh Trail 5k	MEC Race Three - Salt Marsh Trail 10k	MEC Race Three - Salt Marsh Trail 21.1k	EPIC Canadian Run for Canada - 6.1k	EPIC Canadian Run for Canada - 10k	EPIC Canadian Run for Canada - 10.5k	EPIC Canadian Run for Canada - 21.1k	Sheila Poole 10K	Nova Scotia Marathon 10K	Nova Scotia Marathon 21.1 K	Nova Scotia Marathon 42.2 K	Windsor 5k Fun Run	MACPASS Mile	Dartmouth Natal Day 2-Mile Road Race	Dartmouth Natal Day 6-Mile Road Race	Digby Scallop Days 5k Fun Run	Digby Scallop Days 10k Fun Run	Louisbourg Race Through Time	Cobequid Trail Run 5k	Cobequid Trail Run 10k	Cobequid Trail Run 21.1k	66th Annual Berwick Gala Days 5 Mile Road Race	Cape Breton Fiddlers Run 5k	Cape Breton Fiddlers Run 10k	Cape Breton Fiddlers Run 21.1k	Cape Breton Fiddlers Run 42.2k	MEC Race Four 5k	MEC Race Four 10k	MEC Race Four 15k	Rocky's Run	Volunteer	Total Events	Total (Top 9)
6451	Matt	McNeil								55												49					55																60	4	219
6315	Kyle	Watson												55			55									55													49					4	214
6755	Gavin	Hatheway																				48					48					55							55					4	206
6386	Jacob	Halloran								46						55	49										47																	4	197
5529	Cal	DeWolfe								49												55					49																	3	153
6687	Thomas	Gwynne-Timothy		55					49	45																																		3	149
6702	Blair	Miller							55	48																	46																	3	149
6696	Taylor	Melanson							48	44	55																																	3	147
5531	Jonathan	Peverill																							55																		60	2	115
6182	Cyril	MacDonald																													55						55							2	110
6175	Nicholas	Buckler								47														55																				2	102
6174	Matthew	Watson																								49																		1	49
6612	Dylan	Parsons																																										0	0
6704	Mason	Maxwell																																										0	0
6660	Jake	Wing																																										0	0
44	Austin	Charron																																										0	0
Participants			0	1	0	0	0	0	3	7	1	0	0	1	0	1	2	0	0	0	0	3	0	1	1	2	5	0	0	1	0	1	0	0	0	0	1	0	2	0	0	0		35	31

M25-29

Run NS Number	First Name	Last Name	Run Our Shore 5km	Run Our Shore 10km	Run Our Shore Half Marathon	Eastern Lobster Run 5k	Eastern Lobster Run 10k	Eastern Lobster Run 21.1k	OSPREY 5k RUN/WALK	Penguin Run 5k	Lunenburg World Heritage Site 5k Road Race	Liverpool Privateer 5 Mile Road Race	MEC Race Three - Salt Marsh Trail 5k	MEC Race Three - Salt Marsh Trail 10k	MEC Race Three - Salt Marsh Trail 21.1k	EPIC Canadian Run for Canada - 6.1k	EPIC Canadian Run for Canada - 10k	EPIC Canadian Run for Canada - 10.5k	EPIC Canadian Run for Canada - 21.1k	Sheila Poole 10K	Nova Scotia Marathon 10K	Nova Scotia Marathon 21.1 K	Nova Scotia Marathon 42.2 K	Windsor 5k Fun Run	MACPASS Mile	Dartmouth Natal Day 2-Mile Road Race	Dartmouth Natal Day 6-Mile Road Race	Digby Scallop Days 5k Fun Run	Digby Scallop Days 10k Fun Run	Louisbourg Race Through Time	Cobequid Trail Run 5k	Cobequid Trail Run 10k	Cobequid Trail Run 21.1k	66th Annual Berwick Gala Days 5 Mile Road Race	Cape Breton Fiddlers Run 5k	Cape Breton Fiddlers Run 10k	Cape Breton Fiddlers Run 21.1k	Cape Breton Fiddlers Run 42.2k	MEC Race Four 5k	MEC Race Four 10k	MEC Race Four 15k	Rocky's Run	Volunteer	Total Events	Total (Top 9)
6138	Richard	Wile		55										49		55	55		49					55	49		47					49												9	463
6624	Bradley	Fiander							47	46				55								48		47	55		48														55		60	9	461
5954	Jason	Mossman		49					46		55	49									55			49																			60	7	363
6015	Michael-Lucien	Bergeron							48			55							55			49										55											60	6	322
5965	Matthias	Mueller							55	55												55					55																	4	220
6683	Andre	Provencher							44		49															55																		3	148
6235	Burke	Boutilier							45																																	60	2	105
5968	Lee	McCarron							49	49																																	2	98
6433	Justin	Clarke								47																	49																	2	96
6639	James	McKee-Mitchell		48						45																																		2	93
6550	Ryan	Francom								48																																		1	48
6758	Jawad	Khan																						48																				1	48
6676	Mark	Thomas																																										0	0
6690	Brandon	Croken																																										0	0
6797	Tim	Barnes																																										0	0
44	Nick	O'Connor																																										0	0
Participants			0	3	0	0	0	0	7	6	2	2	0	2	0	1	1	0	2	0	1	3	0	4	2	1	4	0	0	0	0	2	0	0	0	0	0	0	0	0	1	0		48	43

M30-34

Run NS Number	First Name	Last Name	Run Our Shore 5km	Run Our Shore 10km	Run Our Shore Half Marathon	Eastern Lobster Run 5k	Eastern Lobster Run 10k	Eastern Lobster Run 21.1k	OSPREY 5k RUN/WALK	Penguin Run 5k	Lunenburg World Heritage Site 5k Road Race	Liverpool Privateer 5 Mile Road Race	MEC Race Three - Salt Marsh Trail 5k	MEC Race Three - Salt Marsh Trail 10k	MEC Race Three - Salt Marsh Trail 21.1k	EPIC Canadian Run for Canada - 6.1k	EPIC Canadian Run for Canada - 10k	EPIC Canadian Run for Canada - 10.5k	EPIC Canadian Run for Canada - 21.1k	Sheila Poole 10K	Nova Scotia Marathon 10K	Nova Scotia Marathon 21.1 K	Nova Scotia Marathon 42.2 K	Windsor 5k Fun Run	MACPASS Mile	Dartmouth Natal Day 2-Mile Road Race	Dartmouth Natal Day 6-Mile Road Race	Digby Scallop Days 5k Fun Run	Digby Scallop Days 10k Fun Run	Louisbourg Race Through Time	Cobequid Trail Run 5k	Cobequid Trail Run 10k	Cobequid Trail Run 21.1k	66th Annual Berwick Gala Days 5 Mile Road Race	Cape Breton Fiddlers Run 5k	Cape Breton Fiddlers Run 10k	Cape Breton Fiddlers Run 21.1k	Cape Breton Fiddlers Run 42.2k	MEC Race Four 5k	MEC Race Four 10k	MEC Race Four 15k	Rocky's Run	Volunteer	Total Events	Total (Top 9)
5369	Ryan	Hutchinson								48					49										49		47				55				55									6	303
6699	Brent	Platt											55			55	49		55																						55			5	269
6668	Danny	Laplante								47	49			55		49			49																									5	249
6685	Luke	Chaulk		55							55	55																																3	165
5971	Thomas	White								55																	55										55							3	165
6663	Jonathan	McDade													55		55										49																	3	159
4625	Ian	MacIntyre								49																					55													2	104
5488	Marcel	Ritter																							55		48																	2	103
5925	Syed	Shah																																			49							1	49
6165	Rob	Kennedy									48																																	1	48
5770	Daniel	Doroshenko														48																												1	48
6602	Jordan	Warford																							48																			1	48
6519	Brodie	Cook																																										0	0
6299	Kyle	Cormier																																										0	0
6628	Jay	Pierre																																										0	0
5339	Iain	McDiarmid																																										0	0
6359	Rick	Canning																																										0	0
6141	Kenneth	Evoy																																										0	0
6730	Mathieu	Rocheleau																																										0	0
6772	David	Enman																																										0	0
6683	Matt	Higgs																																										0	0
44	Jonathan	Hicks																																										0	0
Participants			0	1	0	0	0	0	0	4	3	1	1	1	2	3	2	0	2	0	0	0	0	0	3	0	4	0	0	1	1	0	0	0	1	0	2	0	0	0	1	0		33	32

M35-39

Run NS Number	First Name	Last Name	Run Our Shore 5km	Run Our Shore 10km	Run Our Shore Half Marathon	Eastern Lobster Run 5k	Eastern Lobster Run 10k	Eastern Lobster Run 21.1k	OSPREY 5k RUN/WALK	Penguin Run 5k	Lunenburg World Heritage Site 5k Road Race	Liverpool Privateer 5 Mile Road Race	MEC Race Three - Salt Marsh Trail 5k	MEC Race Three - Salt Marsh Trail 10k	MEC Race Three - Salt Marsh Trail 21.1k	EPIC Canadian Run for Canada - 6.1k	EPIC Canadian Run for Canada - 10k	EPIC Canadian Run for Canada - 10.5k	EPIC Canadian Run for Canada - 21.1k	Sheila Poole 10K	Nova Scotia Marathon 10K	Nova Scotia Marathon 21.1 K	Nova Scotia Marathon 42.2 K	Windsor 5k Fun Run	MACPASS Mile	Dartmouth Natal Day 2-Mile Road Race	Dartmouth Natal Day 6-Mile Road Race	Digby Scallop Days 5k Fun Run	Digby Scallop Days 10k Fun Run	Louisbourg Race Through Time	Cobequid Trail Run 5k	Cobequid Trail Run 10k	Cobequid Trail Run 21.1k	66th Annual Berwick Gala Days 5 Mile Road Race	Cape Breton Fiddlers Run 5k	Cape Breton Fiddlers Run 10k	Cape Breton Fiddlers Run 21.1k	Cape Breton Fiddlers Run 42.2k	MEC Race Four 5k	MEC Race Four 10k	MEC Race Four 15k	Rocky's Run	Volunteer	Total Events	Total (Top 9)
5490	Matthew	White			48							55			55				55							55			55			55						55		49		60	10	494
4576	Tim	Duguay			47							49			49							49		49			46				55		49	55					55			60	11	470
5942	Jeff	Goodine			46						49	47			46	46	45		46			48		48	48		42					49	48			48		49			48	60	17	447
4640	Drew	Moore			49				48	55				55								55					49															60	8	426
6121	Ian	Whynacht		55							55	48				48															49		55			49						60	8	419
6568	Daniel	Quinn								47						55											45				55								55		55		8	312
4778	Nicholas	McBride							47	49									49					55			48															60	6	308
6471	Jarvis	Googoo														49	47		47								43															60	5	246
5164	Paul	Coffin								46					47										55	49															49		5	246
6635	Ryan	Couture													48	47	49		48																								4	192
5495	Greg	Wieczorek			55				55																		55																3	165
4973	Mike	Juurlink							49								55																									60	3	164
6734	Kris	Bunleon															46								49	48																	3	143
6630	William	Jagger							46															47												47							3	140
6439	Dan	Cunningham	49																												48												2	97
6732	Chris	Griffin								48																	47																2	95
6662	Nick	Harris															48										44																2	92
6544	Adam	Shand																			55																						1	55
6686	Craig	Oldford																																		55							1	55
6791	Aaron	MacInnis																																						48			1	48
6490	Jeff	Burns																																									0	0
6494	Mike	Connors																																									0	0
6233	Kip	Williams																																									0	0
6535	Chris	Redmond																																									0	0
6003	Kevin	Holland																																									0	0
5097	Ronald	Warren																																									0	0
6595	Jason	Doucette																																									0	0
6598	Jeff	Drover																																									0	0
6641	Karl	McIver																																									0	0
5499	Jeff	Walsh																																									0	0
6773	Will	Crocker																																									0	0
6786	Craig	Oldford																																									0	0
6791	Aaron	MacInnis																																									0	0
5804	Chris	Deveau																																									0	0
6820	Mike	Kennedy																																									0	0
44	Dan	Conrad																																									0	0
Participants			1	1	5	0	0	0	5	5	2	4	0	1	5	5	6	0	5	0	1	3	0	4	3	3	9	0	1	0	1	3	2	3	1	0	4	1	2	1	3	3		101	83

M40-44

Run NS Number	First Name	Last Name	Run Our Shore 5km	Run Our Shore 10km	Run Our Shore Half Marathon	Eastern Lobster Run 5k	Eastern Lobster Run 10k	Eastern Lobster Run 21.1k	OSPREY 5k RUN/WALK	Penguin Run 5k	Lunenburg World Heritage Site 5k Road Race	Liverpool Privateer 5 Mile Road Race	MEC Race Three - Salt Marsh Trail 5k	MEC Race Three - Salt Marsh Trail 10k	MEC Race Three - Salt Marsh Trail 21.1k	EPIC Canadian Run for Canada - 6.1k	EPIC Canadian Run for Canada - 10k	EPIC Canadian Run for Canada - 10.5k	EPIC Canadian Run for Canada - 21.1k	Sheila Poole 10K	Nova Scotia Marathon 10K	Nova Scotia Marathon 21.1 K	Nova Scotia Marathon 42.2 K	Windsor 5k Fun Run	MACPASS Mile	Dartmouth Natal Day 2-Mile Road Race	Dartmouth Natal Day 6-Mile Road Race	Digby Scallop Days 5k Fun Run	Digby Scallop Days 10k Fun Run	Louisbourg Race Through Time	Cobequid Trail Run 5k	Cobequid Trail Run 10k	Cobequid Trail Run 21.1k	66th Annual Berwick Gala Days 5 Mile Road Race	Cape Breton Fiddlers Run 5k	Cape Breton Fiddlers Run 10k	Cape Breton Fiddlers Run 21.1k	Cape Breton Fiddlers Run 42.2k	MEC Race Four 5k	MEC Race Four 10k	MEC Race Four 15k	Rocky's Run	Volunteer	Total Events	Total (Top 9)
4948	Cory	Richards		55					47		49	55				55	55		55			49		49	47						55		55		55			55				60	15	500
6399	Jeff	Ratushny							48	43	55											55		55					55			55									55	60	9	481
6508	Gerry	Killam			48				45						55	49	49		49						45		47															60	9	447
6669	Evan	Richard			49									48								47			44		49					47	49								49	60	9	442
6329	Darrell	Morgan		47					44	44	45					47	47											55			49										47	60	10	441
6252	Edward	Cobb			47					45	46					48	48							47			46						47								48	60	10	437
6597	Edijs	Ozolins		48							47			49																		49							49				5	242
5939	Will	Greenwood			55						48																55											49					4	207
6509	Brent	Rhynold																						48								46	48					48					4	190
1033	Ian	Holdway							55	55																																60	3	170
5660	Stan	Sarty																					55																			60	3	161
6605	Ian	Loughead												55											49															55			3	159
6293	Andrew	Younger								47						46		55																									3	148
6743	Daan	Verkoeijen																														48			49					49			3	146
4953	Jason	Mercer										49										46										45											3	140
6549	Rick	Amey															46								43		45																3	134
5985	Graeme	Allardice								49															55																		2	104
4343	David	Holder							49																							55											2	104
6510	Andy	LeBlanc																		55		48																					2	103
6608	Craig	Durling																							48														55				2	103
6541	Shane	Patelakis							46																46																		2	92
5493	Ian	McGrath																																								60	1	60
6429	Jarrett	McKay	55																																								1	55
6684	Jake	Whalen		49																																							1	49
4300	Robert	Carreau								48																																	1	48
6738	Michael	Conrad																									48																1	48
5321	Scott	Chouinard																																				47					1	47
5901	Greg	Cyr								46																																	1	46
5957	Damian	McCarville																																									0	0
6496	Andrew	Barbour																																									0	0
6521	Darcy	Brown																																									0	0
6633	Mario	Carrier																																									0	0
6653	Jamie	Flynn																																									0	0
6672	Matthew	Sabinski																																									0	0
6723	Marc	Buske																																									0	0
6821	Fred	Rideout																																									0	0
6828	Scott	d'Entremont																																									0	0
44	Clint	Cummings																																									0	0
Participants			1	4	4	0	0	0	7	8	6	2	0	3	1	5	5	1	2	1	0	5	1	4	8	0	6	1	1	0	2	1	6	4	0	2	0	0	5	2	2	4		113	91

M45-49

Run NS Number	First Name	Last Name	Run Our Shore 5km	Run Our Shore 10km	Run Our Shore Half Marathon	Eastern Lobster Run 5k	Eastern Lobster Run 10k	Eastern Lobster Run 21.1k	OSPREY 5k RUN/WALK	Penguin Run 5k	Lunenburg World Heritage Site 5k Road Race	Liverpool Privateer 5 Mile Road Race	MEC Race Three - Salt Marsh Trail 5k	MEC Race Three - Salt Marsh Trail 10k	MEC Race Three - Salt Marsh Trail 21.1k	EPIC Canadian Run for Canada - 6.1k	EPIC Canadian Run for Canada - 10k	EPIC Canadian Run for Canada - 10.5k	EPIC Canadian Run for Canada - 21.1k	Sheila Poole 10K	Nova Scotia Marathon 10K	Nova Scotia Marathon 21.1 K	Nova Scotia Marathon 42.2 K	Windsor 5k Fun Run	MACPASS Mile	Dartmouth Natal Day 2-Mile Road Race	Dartmouth Natal Day 6-Mile Road Race	Digby Scallop Days 5k Fun Run	Digby Scallop Days 10k Fun Run	Louisbourg Race Through Time	Cobequid Trail Run 5k	Cobequid Trail Run 10k	Cobequid Trail Run 21.1k	66th Annual Berwick Gala Days 5 Mile Road Race	Cape Breton Fiddlers Run 5k	Cape Breton Fiddlers Run 10k	Cape Breton Fiddlers Run 21.1k	Cape Breton Fiddlers Run 42.2k	MEC Race Four 5k	MEC Race Four 10k	MEC Race Four 15k	Rocky's Run	Volunteer	Total Events	Total (Top 9)
6090	Don	Perry								46	49					55	55								49		46						47	49						55			60	10	465
5209	Andrew	Hanlon			55			55							55							55			55		55						49				55							8	434
5639	David	Martin							55	55							49																55										60	5	274
6440	Stephen	Roth			49																						49						48											3	146
6572	Sridhar	Chelamkuri								49						49											48																	3	146
6787	Robert	MacPherson								47	47																			49														3	143
6617	Brian	Ervin																						55																	55			2	110
6421	Craig	Hawkins																		49						55																		2	104
5675	Paul	Oliver									55																														48			2	103
6016	John	Leeder																						49		49																		2	98
6700	Craig	Michie								48																	47																	2	95
5776	Troy	Musseau																																									60	1	60

4985	Andrew	Dacanay																																								60	1	60
6240	Edward	James																																								60	1	60
6740	Michael	Heim									55																																1	55
6576	Devon	Moores																			55																						1	55
6426	John	MacDonald																													55												1	55
6503	Eric	Travis																																55									1	55
4907	Tim	Boutilier																																						55			1	55
6135	Kevin	Johnson							49																																		1	49
4901	Troy	Flemming																				49																					1	49
6513	Stephen	Doody																																					49				1	49
6721	Sean	Turner								48																																	1	48
6767	Dennis	Baltzer																																48									1	48
6722	Clayton	Banfield								46																																	1	46
6530	Alexander	MacLeod																																									0	0
6567	Gene	Collins																																									0	0
6281	Douglas	Todd																																									0	0
4047	Rick	Mehta																																									0	0
6582	Trevor	Dimoff																																									0	0
6604	Chris	Harding																																									0	0
5408	Todd	Mackintosh																																									0	0
5322	Scott	Keeping																																									0	0
6805	Edward	Thomas																																									0	0
2553	Vance	Kruszewski																																									0	0
6816	Sean	Webb																																									0	0
4238	Christopher	Arsenault																																									0	0
6838	John	Saunders																																									0	0
44	Ron	MacDougall																																									0	0
Participants			0	0	2	0	0	1	2	5	5	1	0	0	1	2	2	0	0	2	0	2	0	2	2	2	5	0	0	2	0	0	4	3	0	0	1	0	0	1	3	1	56	46

M50-54

Run NS Number	First Name	Last Name	Run Our Shore 5km	Run Our Shore 10km	Run Our Shore Half Marathon	Eastern Lobster Run 5k	Eastern Lobster Run 10k	Eastern Lobster Run 21.1k	OSPREY 5k RUN/WALK	Penguin Run 5k	Lunenburg World Heritage Site 5k Road Race	Liverpool Privateer 5 Mile Road Race	MEC Race Three - Salt Marsh Trail 5k	MEC Race Three - Salt Marsh Trail 10k	MEC Race Three - Salt Marsh Trail 21.1k	EPIC Canadian Run for Canada - 6.1k	EPIC Canadian Run for Canada - 10k	EPIC Canadian Run for Canada - 10.5k	EPIC Canadian Run for Canada - 21.1k	Sheila Poole 10K	Nova Scotia Marathon 10K	Nova Scotia Marathon 21.1 K	Nova Scotia Marathon 42.2 K	Windsor 5k Fun Run	MACPASS Mile	Dartmouth Natal Day 2-Mile Road Race	Dartmouth Natal Day 6-Mile Road Race	Digby Scallop Days 5k Fun Run	Digby Scallop Days 10k Fun Run	Louisbourg Race Through Time	Cobequid Trail Run 5k	Cobequid Trail Run 10k	Cobequid Trail Run 21.1k	66th Annual Berwick Gala Days 5 Mile Road Race	Cape Breton Fiddlers Run 5k	Cape Breton Fiddlers Run 10k	Cape Breton Fiddlers Run 21.1k	Cape Breton Fiddlers Run 42.2k	MEC Race Four 5k	MEC Race Four 10k	MEC Race Four 15k	Rocky's Run	Volunteer	Total Events	Total (Top 9)
6130	Kevin	Robinson	49			55			47	44	46	48	55			48	47	55		49	48			46	46	55		55		55	55			45	55				45			49	60	23	500
6710	Mark	Peverill									55	55		55										49	47		45					55							47				60	9	468
6149	Todd	MacLean	55							45	48						49					47		48	49		43						48	47									60	11	451
6448	Chris	Broyden								46	49			49		49								47	48		44					49								55				9	436
5855	Christopher	Oss													55	55	55		55								49																60	7	384
6372	John	Moody																				48		55			47							55					49				60	6	314
6718	Pierre	Auger									47	49					48		49			46												46									6	285
6136	Wade	Were								55												55					55												55				60	5	280
5699	Steve	Taylor													48										55		46														55	55		5	259
6651	Peter	Puszka	48			49																									49						55							4	201
5350	Bryan	Hipson			55				55											55																							3	165
5580	Larry	Shipp		55					49	49																																	3	153
6946	Bob	Nicholson								48					49																										49		3	146
6354	Jerry	Aguinaga														47		49														48											3	144
6728	David	Thompson								47																	48						49										3	144
4141	Michael	Peters																																49				55					2	104
5889	Steve	Burns							48												49																						2	97
5757	Andreas	Dutkewych																				49																	48				2	97
6645	Dion	Phillips							46	43																																	2	89
5974	Sean	Dixon																																								60	1	60
5595	Nick	Tentomas																																								60	1	60
5946	John	Bowser																					55																				1	55
5858	Paul	Sears																			55																						1	55
6724	Mark	Peck																																48									1	48
6790	Russell	Burgess																																					46				1	46
6563	Tom	Madgett																							45																		1	45
6729	Scott	LeBlanc								42																																	1	42
6700	Craig	Michie																																									0	0
986	Mike	Pettipas																																									0	0
532	Stephen	Morley																																									0	0
4523	Roy	McNeill																																									0	0
6340	Eric	Jobin																																									0	0
6590	Michel	Leclerc																																									0	0
793	Normand	d'Eon																																									0	0
2954	Gavin	Timberlake																																									0	0
5780	Gordon	MacDonald																																									0	0
4179	John	Huxtable																																									0	0
4938	Gordon	Graham																																									0	0
5043	Paul	Gallant																																									0	0
6721	Sean	Turner																																									0	0
6717	Martin	Wallace																																									0	0
1692	David	MacLennan																																									0	0
6808	Hilton	Botma																																									0	0
6810	Stephen	Miller																																									0	0
4966	Brad	Bishop																																									0	0
6833	Darrell	Ling																																									0	0
44	Paul	MacMillan																																									0	0
Participants			3	1	1	2	0	0	5	9	5	3	1	2	3	4	4	2	2	2	3	5	1	5	6	1	8	1	0	1	2	3	3	6	1	0	1	1	6	1	2	2	116	96

M55-59

Run NS Number	First Name	Last Name	Run Our Shore 5km	Run Our Shore 10km	Run Our Shore Half Marathon	Eastern Lobster Run 5k	Eastern Lobster Run 10k	Eastern Lobster Run 21.1k	OSPREY 5k RUN/WALK	Penguin Run 5k	Lunenburg World Heritage Site 5k Road Race	Liverpool Privateer 5 Mile Road Race	MEC Race Three - Salt Marsh Trail 5k	MEC Race Three - Salt Marsh Trail 10k	MEC Race Three - Salt Marsh Trail 21.1k	EPIC Canadian Run for Canada - 6.1k	EPIC Canadian Run for Canada - 10k	EPIC Canadian Run for Canada - 10.5k	EPIC Canadian Run for Canada - 21.1k	Sheila Poole 10K	Nova Scotia Marathon 10K	Nova Scotia Marathon 21.1 K	Nova Scotia Marathon 42.2 K	Windsor 5k Fun Run	MACPASS Mile	Dartmouth Natal Day 2-Mile Road Race	Dartmouth Natal Day 6-Mile Road Race	Digby Scallop Days 5k Fun Run	Digby Scallop Days 10k Fun Run	Louisbourg Race Through Time	Cobequid Trail Run 5k	Cobequid Trail Run 10k	Cobequid Trail Run 21.1k	66th Annual Berwick Gala Days 5 Mile Road Race	Cape Breton Fiddlers Run 5k	Cape Breton Fiddlers Run 10k	Cape Breton Fiddlers Run 21.1k	Cape Breton Fiddlers Run 42.2k	MEC Race Four 5k	MEC Race Four 10k	MEC Race Four 15k	Rocky's Run	Volunteer	Total Events	Total (Top 9)
3012	Pierre	Laberge			55				48		55	55				55				55				55			55							55									60	10	500
1019	David	Nevitt							49	49	49	49			55		55					55		49	55	55						55		49							55		60	14	494
6528	Kevin	Dutchak								48						49	49						55	48			49						55						55				60	9	468
6053	Thomas J	Mitchell							47		48					48	48		48	49		48								55				47					49				60	11	453
4295	Roy	Banks			47						47	48				46	46		47				49	47			45							44				55						11	432
2424	Gerry	Coneybeare										47												46					55					45								55		5	248
6217	Hughie	Bagnell			48														49			49												48							49			5	243
4643	Roddy	Mossman							46		46	46								48														46										5	232
5637	Daniel	Nolan														47	47	55															49											4	198
5295	Earl	Gibson														45	45	49									44																	4	183
1464	David	Arnold							55	55																49																		3	159
5631	Randy	Faulkner									43											47												43										3	133
2480	Clarence	Whynot																																						48		60	2	108
5725	Keith	Colter			49														55																								2	104
5267	Barry	Morshead		55							44																																2	99
5162	David	Marsh																																								60	1	60
4534	Tim	Chesnutt																																								60	1	60
6297	Tom	Bell																																			55						1	55
6637	Rob	Blackburn																							49																		1	49

5461	Mark	DuPlessis																								48																		1	48
6709	Dan	Buckle																									48																	1	48
6642	Greg	Cunningham																									47																	1	47
6343	Carlton	Moore																									46																	1	46
6707	Jacques	Provencher								45																																		1	45
4923	Ralph	Saulnier																																										0	0
4602	Rufus	Sweet																																										0	0
4998	Tony	Lepage																																										0	0
4732	Maurice	Vienneau																																										0	0
6556	Paul	Irving																																										0	0
6559	John	Murray																																										0	0
6579	Eric	Johnston																																										0	0
6079	Allan	Green																																										0	0
5158	Mel	Gilbert																																										0	0
4679	Jeff	Courish																																										0	0
6716	Dave	Evans																																										0	0
6715	David	MacNeil																																										0	0
6736	Robert	Champagne																																										0	0
6681	Rob	Milligan																																										0	0
6793	Bill	Crosby																																										0	0
6799	David	Stobbe																																										0	0
6817	Tony	McCormack																																										0	0
44	Gregory	MacDonald																																										0	0
Participants			0	1	4	0	0	0	5	3	8	5	0	0	1	6	6	2	4	3	0	4	2	5	2	3	7	0	1	1	0	1	2	8	0	0	1	1	2	0	3	1		99	85

M60-64

Run NS Number	First Name	Last Name	Run Our Shore 5km	Run Our Shore 10km	Run Our Shore Half Marathon	Eastern Lobster Run 5k	Eastern Lobster Run 10k	Eastern Lobster Run 21.1k	OSPREY 5k RUN/WALK	Penguin Run 5k	Lunenburg World Heritage Site 5k Road Race	Liverpool Privateer 5 Mile Road Race	MEC Race Three - Salt Marsh Trail 5k	MEC Race Three - Salt Marsh Trail 10k	MEC Race Three - Salt Marsh Trail 21.1k	EPIC Canadian Run for Canada - 6.1k	EPIC Canadian Run for Canada - 10k	EPIC Canadian Run for Canada - 10.5k	EPIC Canadian Run for Canada - 21.1k	Sheila Poole 10K	Nova Scotia Marathon 10K	Nova Scotia Marathon 21.1 K	Nova Scotia Marathon 42.2 K	Windsor 5k Fun Run	MACPASS Mile	Dartmouth Natal Day 2-Mile Road Race	Dartmouth Natal Day 6-Mile Road Race	Digby Scallop Days 5k Fun Run	Digby Scallop Days 10k Fun Run	Louisbourg Race Through Time	Cobequid Trail Run 5k	Cobequid Trail Run 10k	Cobequid Trail Run 21.1k	66th Annual Berwick Gala Days 5 Mile Road Race	Cape Breton Fiddlers Run 5k	Cape Breton Fiddlers Run 10k	Cape Breton Fiddlers Run 21.1k	Cape Breton Fiddlers Run 42.2k	MEC Race Four 5k	MEC Race Four 10k	MEC Race Four 15k	Rocky's Run	Volunteer	Total Events	Total (Top 9)
493	Terry	Morris			55				55		55	55								55	55				55		55																		60	9	500
6488	William	Lovett							46	47	49	47	49			55	55				49			55	49	49			55			55			55				48			49	60	18	494
4493	Jeffrey M.	Oakes			49					48	47	49								48		49		49		48			49				55				55	55				47	60	14	470
2732	Doug	Coulter									48	48								49		55							48					49					49			48	60	9	454
6479	Jimmy	Wells	55						45	46	44		55											47	47	46		55			48			45					47			46		13	446
1617	David	Robertson		49					43		41	45											55	46			47					49		46								45		10	425
4492	Pat	Kennedy							48															48			48				49			48						55			60	7	356
5053	Randy	Misener									42	46					48				48													47									60	6	291
6552	Dwight	Perkins												55			49									45						49											60	5	258
6702	Lindsay B	Miller							49	49						48										55																		4	201
6308	Mark	Winfield		49					42							49	47																											4	187
4906	Myles	McCormick									40															43																44	60	4	187
5594	Darrell	Hill																							48	44																	60	3	152
5970	Don	Brereton		55					47		45																																	3	147
2916	Mike	Grimbly													55																												60	2	115
4621	Scott	MacIntyre																												55													60	2	115
6097	David	McLeod																													55											55		2	110
6656	Jody	Clarke								55																	49																	2	104
5982	John	Aguinaga													49							48																						2	97
2782	John	LeDuc																								42		49																2	91
2643	Steve	Saunders							44		43																																	2	87
499	Mel	Pearce																																									60	1	60
649	Ray	Williams																																									60	1	60
2191	Craig	Corbett																								47																		1	47
698	Freeman	Churchill									46																																	1	46
858	Mark	Stein																																										0	0
607	Lonnie	McNeill																																										0	0
6279	Craig	Bowes																																										0	0
5643	Glenn	Dumford																																										0	0
5106	John	Miller																																										0	0
6814	Robert	Graham																																										0	0
6842	Gary	Huett																																										0	0
4416	Gary	Jenner																																										0	0
Participants			1	3	2	0	0	0	9	5	11	6	2	1	2	3	4	0	0	3	3	3	1	5	4	9	4	2	3	1	3	2	2	6	0	0	1	1	4	1	0	7		127	101

M65-69

Run NS Number	First Name	Last Name	Run Our Shore 5km	Run Our Shore 10km	Run Our Shore Half Marathon	Eastern Lobster Run 5k	Eastern Lobster Run 10k	Eastern Lobster Run 21.1k	OSPREY 5k RUN/WALK	Penguin Run 5k	Lunenburg World Heritage Site 5k Road Race	Liverpool Privateer 5 Mile Road Race	MEC Race Three - Salt Marsh Trail 5k	MEC Race Three - Salt Marsh Trail 10k	MEC Race Three - Salt Marsh Trail 21.1k	EPIC Canadian Run for Canada - 6.1k	EPIC Canadian Run for Canada - 10k	EPIC Canadian Run for Canada - 10.5k	EPIC Canadian Run for Canada - 21.1k	Sheila Poole 10K	Nova Scotia Marathon 10K	Nova Scotia Marathon 21.1 K	Nova Scotia Marathon 42.2 K	Windsor 5k Fun Run	MACPASS Mile	Dartmouth Natal Day 2-Mile Road Race	Dartmouth Natal Day 6-Mile Road Race	Digby Scallop Days 5k Fun Run	Digby Scallop Days 10k Fun Run	Louisbourg Race Through Time	Cobequid Trail Run 5k	Cobequid Trail Run 10k	Cobequid Trail Run 21.1k	66th Annual Berwick Gala Days 5 Mile Road Race	Cape Breton Fiddlers Run 5k	Cape Breton Fiddlers Run 10k	Cape Breton Fiddlers Run 21.1k	Cape Breton Fiddlers Run 42.2k	MEC Race Four 5k	MEC Race Four 10k	MEC Race Four 15k	Rocky's Run	Volunteer	Total Events	Total (Top 9)
4062	Phil	Reid			55				49	46	49		55			55	49								55	55						55							49			49	60	13	488
6102	Fabian	Flynn								45		55				49	47		49	55				48		48						48		48		55						47	60	13	467
5200	Kevin	Cody						55	55	55	55						55						49																55					7	379
4718	Dave	Huelin								47							48										49				55											48	60	6	307
4339	Bob	Edwards																			55						48					49		55									60	5	267
4386	Terry	Mosher								49														55	49																	55		4	208
608	Bill	Robiee		55																					48																		60	3	163
6179	Bill	Collins																	55								55																	2	110
6498	Brian	Cadden																																49				55						2	104
4477	JP	Boudreau							48															49																				2	97
2575	Ron	Kaszor							47																	49																		2	96
4564	Robin	Meister																																									60	1	60
559	David	Patrick																																									60	1	60
2580	Richard	Richard																					55																					1	55
2980	Ray	Bates						49																																				1	49
4517	Dale	Corkum								48																																		1	48
5738	Rick	Huyck																									47																	1	47
4476	John	Anderson																																										0	0
3	James	Balcom																																										0	0
4134	Clive	MacGregor																																										0	0
5161	Flint	Churchill																																										0	0
1141	Roger	Boutilier																																										0	0
4147	Fenton	Cunningham																																										0	0
2458	Leo	Kennedy																																										0	0
5861	Ron	Neville																																										0	0
6678	Chun Shih	Chen																																										0	0
5078	Roy	Hopkins																																										0	0
753	Greg	MacDonald																																										0	0
Participants			0	1	1	0	0	2	4	6	2	1	1	0	0	2	4	0	2	1	1	0	2	3	3	3	4	0	0	0	1	3	0	3	0	1	0	1	2	0	0	4		65	51

M70-74

Run NS Number	First Name	Last Name	Run Our Shore 5km	Run Our Shore 10km	Run Our Shore Half Marathon	Eastern Lobster Run 5k	Eastern Lobster Run 10k	Eastern Lobster Run 21.1k	OSPREY 5k RUN/WALK	Penguin Run 5k	Lunenburg World Heritage Site 5k Road Race	Liverpool Privateer 5 Mile Road Race	MEC Race Three - Salt Marsh Trail 5k	MEC Race Three - Salt Marsh Trail 10k	MEC Race Three - Salt Marsh Trail 21.1k	EPIC Canadian Run for Canada - 6.1k	EPIC Canadian Run for Canada - 10k	EPIC Canadian Run for Canada - 10.5k	EPIC Canadian Run for Canada - 21.1k	Sheila Poole 10K	Nova Scotia Marathon 10K	Nova Scotia Marathon 21.1 K	Nova Scotia Marathon 42.2 K	Windsor 5k Fun Run	MACPASS Mile	Dartmouth Natal Day 2-Mile Road Race	Dartmouth Natal Day 6-Mile Road Race	Digby Scallop Days 5k Fun Run	Digby Scallop Days 10k Fun Run	Louisbourg Race Through Time	Cobequid Trail Run 5k	Cobequid Trail Run 10k	Cobequid Trail Run 21.1k	66th Annual Berwick Gala Days 5 Mile Road Race	Cape Breton Fiddlers Run 5k	Cape Breton Fiddlers Run 10k	Cape Breton Fiddlers Run 21.1k	Cape Breton Fiddlers Run 42.2k	MEC Race Four 5k	MEC Race Four 10k	MEC Race Four 15k	Rocky's Run	Volunteer	Total Events	Total (Top 9)
509	Chris	Anderson			55				55	55	55									55			55				55					55	55										60	10	500
596	Mike	Jessome							47	48	47	55								48				55				49			49			46	55				55				60	12	474

587	Wayne	Banks	55						48	49																			55			55			47						55		55		8	419
6039	Brian	Lowe														49	55		55									48																60	5	267
6369	Mike	Gushue							49											49										49					48										4	195
539	Christopher	Hollebone																				55											49											60	3	164
4259	Alex	MacEachern									49					55																			49										3	153
4644	Richard	Chataway									48	?									55																							2	103
629	Perry	Abriel																																									60	1	60
6087	Peter	Scott																									55																	1	55
5578	William	Smith																												55														1	55
5359	Robin	Whyte																										49																1	49
5431	Dick	Davis																		47																								1	47
2956	Nelson	Porteous									46																																	1	46
590	Gordon	Warnica																																										0	0
2406	Grant	Walker																																										0	0
501	Jerome	Bruhm																																										0	0
4505	Lloyd	Northen																																										0	0
4539	David	Zitner																																										0	0
4198	Ralph	Chancey																																										0	0
4673	Alan	MacDonald																																										0	0
600	Ray	Hannaberry																																										0	0
586	Bruce	Duffy																																										0	0
2896	Hal	Robb																																										0	0
5386	Brian	Davis																																										0	0
4787	Barry	Diggins																																										0	0
5972	Branko	Mizerit																																										0	0
4390	Sandy	Patterson																																										0	0
4239	Jim	Myers																																										0	0
1446	Ron	Peverill																																										0	0
6823	Barry	Corbin																																										0	0
6350	Richard	Feltham																																										0	0
Participants			1	0	1	0	0	0	4	3	5	1	0	0	0	2	1	0	1	4	1	1	1	1	0	1	3	2	2	0	2	0	2	5	1	0	0	0	1	1	0	1		53	45

M75-79

Run NS Number	First Name	Last Name	Run Our Shore 5km	Run Our Shore 10km	Run Our Shore Half Marathon	Eastern Lobster Run 5k	Eastern Lobster Run 10k	Eastern Lobster Run 21.1k	OSPREY 5k RUN/WALK	Penguin Run 5k	Lunenburg World Heritage Site 5k Road Race	Liverpool Privateer 5 Mile Road Race	MEC Race Three - Salt Marsh Trail 5k	MEC Race Three - Salt Marsh Trail 10k	MEC Race Three - Salt Marsh Trail 21.1k	EPIC Canadian Run for Canada - 6.1k	EPIC Canadian Run for Canada - 10k	EPIC Canadian Run for Canada - 10.5k	EPIC Canadian Run for Canada - 21.1k	Sheila Poole 10K	Nova Scotia Marathon 10K	Nova Scotia Marathon 21.1 K	Nova Scotia Marathon 42.2 K	Windsor 5k Fun Run	MACPASS Mile	Dartmouth Natal Day 2-Mile Road Race	Dartmouth Natal Day 6-Mile Road Race	Digby Scallop Days 5k Fun Run	Digby Scallop Days 10k Fun Run	Louisbourg Race Through Time	Cobequid Trail Run 5k	Cobequid Trail Run 10k	Cobequid Trail Run 21.1k	66th Annual Berwick Gala Days 5 Mile Road Race	Cape Breton Fiddlers Run 5k	Cape Breton Fiddlers Run 10k	Cape Breton Fiddlers Run 21.1k	Cape Breton Fiddlers Run 42.2k	MEC Race Four 5k	MEC Race Four 10k	MEC Race Four 15k	Rocky's Run	Volunteer	Total Events	Total (Top 9)
595	Bob	Brake								55	49																				55												60	5	268
5702	Leslie	McClair		55							55																					55		55										4	220
6475	Ved	Puri									48										55					55																		3	158
732	Tom	Harmes																																									60	1	60
2242	Jack	MacDonald														55																												1	55
2183	Brian	King																								48																		1	48
913	Rex	Young																																										0	0
497	Jim	Harpell																																										0	0
4440	Tom	Archibald																																										0	0
5346	Ralph	Davis																																										0	0
Participants			0	1	0	0	0	0	0	1	3	0	0	0	0	1	0	0	0	0	1	0	0	0	0	3	0	0	0	0	1	1	0	1	0	0	0	0	0	0	0	0		15	13

m80-84

Run NS Number	First Name	Last Name	Run Our Shore 5km	Run Our Shore 10km	Run Our Shore Half Marathon	Eastern Lobster Run 5k	Eastern Lobster Run 10k	Eastern Lobster Run 21.1k	OSPREY 5k RUN/WALK	Penguin Run 5k	Lunenburg World Heritage Site 5k Road Race	Liverpool Privateer 5 Mile Road Race	MEC Race Three - Salt Marsh Trail 5k	MEC Race Three - Salt Marsh Trail 10k	MEC Race Three - Salt Marsh Trail 21.1k	EPIC Canadian Run for Canada - 6.1k	EPIC Canadian Run for Canada - 10k	EPIC Canadian Run for Canada - 10.5k	EPIC Canadian Run for Canada - 21.1k	Sheila Poole 10K	Nova Scotia Marathon 10K	Nova Scotia Marathon 21.1 K	Nova Scotia Marathon 42.2 K	Windsor 5k Fun Run	MACPASS Mile	Dartmouth Natal Day 2-Mile Road Race	Dartmouth Natal Day 6-Mile Road Race	Digby Scallop Days 5k Fun Run	Digby Scallop Days 10k Fun Run	Louisbourg Race Through Time	Cobequid Trail Run 5k	Cobequid Trail Run 10k	Cobequid Trail Run 21.1k	66th Annual Berwick Gala Days 5 Mile Road Race	Cape Breton Fiddlers Run 5k	Cape Breton Fiddlers Run 10k	Cape Breton Fiddlers Run 21.1k	Cape Breton Fiddlers Run 42.2k	MEC Race Four 5k	MEC Race Four 10k	MEC Race Four 15k	Rocky's Run	Volunteer	Total Events	Total (Top 9)
1602	Malcolm	Pain							55	55	55	55	55			55					55			55	55							55		55									60	12	500
3064	John	Rideout								49	49										49			49			55					49		49									60	8	409
4630	George	Pothier																																										0	0
Participants			0	0	0	0	0	0	1	2	2	1	1	0	0	1	0	0	0	0	2	0	0	2	1	0	1	0	0	0	0	2	0	2	0	0	0	0	0	0	0	0		20	18

m85-99

Run NS Number	First Name	Last Name	Run Our Shore 5km	Run Our Shore 10km	Run Our Shore Half Marathon	Eastern Lobster Run 5k	Eastern Lobster Run 10k	Eastern Lobster Run 21.1k	OSPREY 5k RUN/WALK	Penguin Run 5k	Lunenburg World Heritage Site 5k Road Race	Liverpool Privateer 5 Mile Road Race	MEC Race Three - Salt Marsh Trail 5k	MEC Race Three - Salt Marsh Trail 10k	MEC Race Three - Salt Marsh Trail 21.1k	EPIC Canadian Run for Canada - 6.1k	EPIC Canadian Run for Canada - 10k	EPIC Canadian Run for Canada - 10.5k	EPIC Canadian Run for Canada - 21.1k	Sheila Poole 10K	Nova Scotia Marathon 10K	Nova Scotia Marathon 21.1 K	Nova Scotia Marathon 42.2 K	Windsor 5k Fun Run	MACPASS Mile	Dartmouth Natal Day 2-Mile Road Race	Dartmouth Natal Day 6-Mile Road Race	Digby Scallop Days 5k Fun Run	Digby Scallop Days 10k Fun Run	Louisbourg Race Through Time	Cobequid Trail Run 5k	Cobequid Trail Run 10k	Cobequid Trail Run 21.1k	66th Annual Berwick Gala Days 5 Mile Road Race	Cape Breton Fiddlers Run 5k	Cape Breton Fiddlers Run 10k	Cape Breton Fiddlers Run 21.1k	Cape Breton Fiddlers Run 42.2k	MEC Race Four 5k	MEC Race Four 10k	MEC Race Four 15k	Rocky's Run	Volunteer	Total Events	Total (Top 9)
606	Arnold	Robertson		55					55		55	55									55			55		55					55			55										9	495
686	Les	Smith																																										0	0
Participants			0	1	0	0	0	0	1	0	1	1	0	0	0	0	0	0	0	0	1	0	0	1	0	1	0	0	0	0	1	0	0	1	0	0	0	0	0	0	0	0		9	9

	Run Our Shore 5km	Run Our Shore 10km	Run Our Shore Half Marathon	Eastern Lobster Run 5k	Eastern Lobster Run 10k	Eastern Lobster Run 21.1k	OSPREY 5k RUN/WALK	Penguin Run 5k	Lunenburg World Heritage Site 5k Road Race	Liverpool Privateer 5 Mile Road Race	MEC Race Three - Salt Marsh Trail 5k	MEC Race Three - Salt Marsh Trail 10k	MEC Race Three - Salt Marsh Trail 21.1k	EPIC Canadian Run for Canada - 6.1k	EPIC Canadian Run for Canada - 10k	EPIC Canadian Run for Canada - 10.5k	EPIC Canadian Run for Canada - 21.1k	Sheila Poole 10K	Nova Scotia Marathon 10K	Nova Scotia Marathon 21.1 K	Nova Scotia Marathon 42.2 K	Windsor 5k Fun Run	MACPASS Mile	Dartmouth Natal Day 2-Mile Road Race	Dartmouth Natal Day 6-Mile Road Race	Digby Scallop Days 5k Fun Run	Digby Scallop Days 10k Fun Run	Louisbourg Race Through Time	Cobequid Trail Run 5k	Cobequid Trail Run 10k	Cobequid Trail Run 21.1k	66th Annual Berwick Gala Days 5 Mile Road Race	Cape Breton Fiddlers Run 5k	Cape Breton Fiddlers Run 10k	Cape Breton Fiddlers Run 21.1k	Cape Breton Fiddlers Run 42.2k	MEC Race Four 5k	MEC Race Four 10k	MEC Race Four 15k	Rocky's Run	Total Races + Volunteers	Total Races Run
All Male Age Categories																																													
TOTAL	**8**	**18**	**20**	**2**	**0**	**3**	**55**	**65**	**59**	**29**	**6**	**11**	**15**	**38**	**38**	**5**	**20**	**18**	**15**	**30**	**8**	**41**	**38**	**31**	**62**	**7**	**8**	**7**	**17**	**20**	**21**	**45**	**6**	**4**	**11**	**5**	**27**	**7**	**16**	**24**	**934**	**860**