



RNS Series Stats 2011

Females under 20

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer		
4695	Marlin, Sarah	13	49		49		49		49														55										60	359	7	
4678	Mosgrove, Sage	12	55		55		55						55																			55		275	5	
4857	Damiani, Molly	18																				55													110	2
5385	Gagnon, Mya	14		55																															110	2
4694	Fuller, Darcy	14							55																										104	2
4444	Edwards, Sarah	19																																	0	0
4623	MacIntyre, Heather	19																																	0	0
4624	MacIntyre, Emma	16																																	0	0
4897	MacIntyre, Cassie	9																																	0	0
5188	Wolfe, Kayla	17																																	0	0
5312	Kruszewski, Lauren	9																																	0	0
5394	Estabrook, Hannah	12																																	0	0
5433	MacPhail, Rachyl	16																																	0	0
			13	2	1	2	0	2	0	2	0	0	0	0	0	0	3	0	0	0	0	1	1	0	0	0	0	1	0	0	0	0	0	0	1	1



RNS Series Stats 2011

Females 20 to 24

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer	
5291	Spidle, Nicole	21	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0



RNS Series Stats 2011

Females 25 to 29

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer	
5381	Hamilton, Emily	28		55		55	55		49	55			55	55													55	55		55				385	11
5145	Cormier, Caitlin	25			55				48	48			48																			60	259	5	
4964	McBride, Meghan	27	55				49																											159	3
5100	Marcotte, Leslie	29							55				49		49																			153	3
5160	Dodsworth-MacDougall, Meghan	29					48																											146	3
5215	LeDuc, Laura	28	49						47	47																								143	3
4727	McNamara, Meaghan	27	48																														60	108	2
5169	Kennedy, L Emily	26	47																															96	2
4284	Gillis, Caitlin	26																																55	1
5342	Frankelton, Jennifer	29													55																			55	1
4391	Gillis, Erin	29								49																								49	1
5392	Jones, Stephanie	27					47																											47	1
5242	Robar, Ginny	27																																0	0
5309	Cogan, Lizz	29																																0	0
5314	Piercy, Vanessa	25																																0	0
			15	4	1	1	1	4	0	4	4	0	0	3	1	2	1	2	0	0	0	2	0	0	0	0	0	1	1	0	2	0	0	0	2



RNS Series Stats 2011

Females 30 to 34

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer	
5302	Bezanson, Odessa	30			49				47				55									55				55							358	7	
5258	Larade, Cindy	34								49												55											208	4	
5236	Hayward, Jennifer	33			55				49																								159	3	
5305	Goodwin, Sherri	34													55			55																110	2
5390	Ezurike, Heather	33									55														55									110	2
5387	Lynch, Erin	34					55																55											110	2
5340	McDiarmid, Erin	31													49	55																		104	2
5266	Clement, Carissa	34	49						55																									104	2
5118	Thibault, Erin	32	48																								55						103	2	
5396	Cooper, Janet	33							48																		49						97	2	
4974	Juurlink, Alexis	32	55																															55	1
5256	d'Eon, Jackie	31																49																49	1
4481	Lagin-Nasse, Julianna	32																															0	0	
4903	AuCoin, Jaymie	33																															0	0	
4909	Chambers, Amanda	30																															0	0	
5119	Lovett, Kate	34																															0	0	
5195	Burgess, Tracy	34																															0	0	
5300	Wheaton, Tara	34																															0	0	
5330	Callaghan, Erin	31																															0	0	
5345	Wolak, Susan	31																															0	0	
5247	Rand, Lise	34																															0	0	
			21	3	0	2	0	1	0	4	0	2	0	1	0	0	2	2	2	0	0	1	1	1	1	1	1	0	2	3	0	0	0		



RNS Series Stats 2011

Females 35 to 39

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl	
4954	Mercer, Gail	37			49				47				45									46			55		49	48					339	7	
4318	Jabbour, Leah	35	49	55					49						49					55													60	317	6
5010	Hill, Rayleen	38	55				55		55														55											275	5
4227	Davidson Eno, Selena	38			55								46			49										55							60	265	5
5004	Goodfellow, Heather	38				55	49						55		48	55																		262	5
5426	Mott, Mary	36																					49				49	55	55					208	4
5307	Amos, Kiersten	38				48	47		46																					46				187	4
4232	Gregoire, Marie-Claude	37						55		48																								158	3
5204	Slauenwhite, Tammy	39	47										49																				60	156	3
4816	King, Tanya	39									49												47										60	156	3
5315	Keddy, Angela	35																		49					49									146	3
5400	Mackintosh, Michelle	37							43														44							47				134	3
5187	Wolfe, Heather	38								55																55								110	2
5356	Kempton, Michelle	38							44																								60	104	2
5402	Cosh, Sarah	38											47						55															102	2
4786	Sabourin, Brigitte	39	48																										49					97	2
5199	Campbell, Susan	39				49	48																											97	2
4340	Fox, Dana	35	46																											48				94	2
5344	Johnson, Cindy	38													46														47					93	2
5147	Earle, Sara	38																												55				55	1
5335	Delaney, Nicole	35																						55										55	1
4559	LeBlanc, Lyse	37										55																						55	1
5358	Flynn, Jennifer	37																																55	1
5112	Cyr, Jennifer	35													55																			55	1
4872	Williatte-Battet, Jennifer	38								49																								49	1
5354	Morgan, Rhiannon	37																											49					49	1
5349	MacLean, Cindy	37													49																			49	1
5417	Croft, Shelly	38											48																					48	1
5398	Ferguson, Paige	35							48																									48	1
4714	Johnston, Katrina	37			48																													48	1
5360	McEvenue, Shannon	36										48																						48	1
5415	Thompson, Monika	36													47																			47	1
5336	Walsh, Marcia	35																																45	1
5352	Kaizer, Robin	38							45																									45	1
707	Fry, Joanne	39																																0	0
4612	Comeau-Shantz, Reanne	37																																0	0
5096	Warren, Jacki	38																																0	0
5124	Rose-Goodwin, Nancy	35																																0	0
5207	Graham, Kari Ellen	35																																0	0
5222	O'Regan, Pamela	39																																0	0
5306	Clark, Karen	36																																0	0
5328	Dole, Laura	36																																0	0
			42	5	1	3	3	4	1	8	3	3	1	6	2	5	2	0	1	0	2	7	0	1	2	1	2	2	4	5	1	0	5		



RNS Series Stats 2011

Females 40 to 44

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer		
4441	Carbyn, Susan	42		49	55		55			55			55																				60	384	7	
5052	Howard, Anita	44			49		48		55		55		49		55							55			49									373	10	
2646	Noseworthy, Janis	42				55								48	48					55						49		55						310	6	
5074	Sutherland, Jill	43				49	46		46		47		44																46					278	6	
4533	Juckett Chesnutt, Stacy	40			48																				55		55		55				60	273	5	
4030	Scattolon, Yvette	42	48				47		49				48																49					241	5	
4051	McWhirter, Micheline	42	55				49															55											60	219	4	
4114	McDonah, Erin	44	49										47								49												60	205	4	
5232	Rawding, Deanna	40		48					48				46														55							197	4	
4364	Mader, Denise	42						49																	48					55				152	3	
5129	Tulloch, Heather	42						48			49				49																				146	3
5184	Gaudet, Tammy	40		47					47				45																						139	3
4763	McGrath, Lisa	43					55				55																								110	2
5337	Hepinstall, Nancy	43													55														48						103	2
5290	DeEll, Nicole	40																								48		49							97	2
4355	Fisher, Lisa	40																															60	60	1	
4554	Caldwell, Hazel	41		55																															55	1
5287	Lahey, Jennifer	43																					55												55	1
5139	Deveau, Marsha	41													49																				49	1
4524	McNeill, Beth	43									48																								48	1
5411	Doiron, Angela	44																										48							48	1
5168	Bedford, Corrine	42	47																																47	1
5016	Joudrey, Cara Lee	42																												47					47	1
5364	MacInnis, Krista	44							45																										45	1
2905	Boutilier, Sue	41																																	0	0
2937	Niedermayer, Jill	41																																	0	0
4298	Robson, Denise	43																																	0	0
4698	Hall, Janet	44																																	0	0
4710	MacIsaac, Colleen	44																																	0	0
4965	MacDonald, Christy	40																																	0	0
5076	Leslie, Marie	44																																	0	0
5094	McElrone, Anne-Marie	43																																	0	0
5173	Carter, Anna	40																																	0	0
5186	Galloway-Jones, Joy	44																																	0	0
5248	Barkhouse, Kari	42																																	0	0
5316	Kidney, Angela	43																																	0	0
5326	Pelham, Donna	44																																	0	0
5332	Martin, Raquel	41																																	0	0
5405	Wolfe-Enslow, Kelli	44																																	0	0
5406	Brown, Lisa	41																																	0	0
		40	4	4	3	2	5	3	6	1	4	1	7	3	3	2	0	1	0	2	1	1	1	0	3	3	1	3	5	1	0	5				



RNS Series Stats 2011

Females 45 to 49

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer		
4566	Myles, Krista	45		55		55	55		55				55		55											55						60	390	10		
5313	Petrie, Nancy	48	55		55	47			43		48					47		48				49			55	49		55					60	378	12	
5289	Keddy-Veinotte, Shelagh	49			49				48		49		49			49								55									60	366	9	
4169	Marlin, Karen	46	49	48		48		55	46				48		49		55		49			49	48										60	366	12	
2211	White, Tina	45		49		49	48		47	49			47		48	45		47											44				60	350	11	
5365	Muzzerall, Cindra	48	47	47	48																	47					55		43				60	347	7	
5410	McPhee, Judy	45								47												46		48			49		38				60	288	6	
5280	Kennedy, Melanie	48									44					43		46					47						37					217	5	
2953	Fiander, Janice	46					49																55			48							60	212	4	
4994	Tannahill, Cheryl	45								48															47			48					60	203	4	
4338	MacAulay, Christine	49					49		49		55																		49					202	4	
5163	Marsh, Karen	45					47		41																	47		47						182	4	
4178	Kennedy, Bernadette	47	44	45					40															49										178	4	
4240	MacDonald, Linda	45								55				55								55												165	3	
5425	Reardon, Roberta	48													48			55											55					158	3	
4452	Hall, Linda	49	48					44																								60	152	3		
4918	Allen, Ann	49																						49					45		55			149	3	
4995	Young, Suzanne	48																							48				39				60	147	3	
4926	Fairbairn, Heather	48						45														48					49							142	3	
5319	Ebsary, Marilyn	47									46			48															41					135	3	
5276	MacFarlane, Joanne	48									43				42														36					121	3	
4495	Crain, Mary	48																							49				47					96	2	
4769	Leslie, Laura	47									47																		48					95	2	
5412	Wark, Joan	48																		55								40						95	2	
4956	Kenney, Laura	46									45																				49			94	2	
4148	Cook, Rhonda	47														46													46					92	2	
5206	Goudey, Kelly	48										42				41																		83	2	
4687	Sweet, Patricia	48																																60	60	1
5273	Muzzerall, Julie	46																																60	60	1
648	Anderson, Teri	46																					55											55	1	
5409	Power, Janis	46										55																						55	1	
5418	Weagle, Karen	45																											49					49	1	
2665	Murdock-Moore, Shawna	46									49																							49	1	
5379	Van der Baaren, Augustine	48		46																														46	1	
5284	Jones, Hisayo	48	46																															46	1	
4598	Sherriff, Julie	45	45																															45	1	
5341	Brannen, Donna	49														44																		44	1	
5138	Biekens, Jane	48							42																									42	1	
4830	MacDonald, Carey	47																											42					42	1	
2292	Eddy, Patsy	49																																0	0	
4351	Sarginson, Janice	47																																0	0	
4648	Groves, Jackie	47																																0	0	
4856	Damiani, Kathy	49																																0	0	
4941	Neynens, Colleen	46																																0	0	
5091	McTaggart, Kim	47																																0	0	
5107	Hill, Elizabeth	47																																0	0	
5121	Nolan, Lila	45																																0	0	



RNS Series Stats 2011

Females 45 to 49

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer		
5185	Jones, Keltie	45																																0	0	
5357	Page, Cynthia	48																																	0	0
5401	Brown, Heather	49																																	0	0
5407	Riuz, Peggy	48																																	0	0
			51	7	6	3	4	4	2	11	4	9	2	4	3	3	10	1	5	1	1	5	4	3	2	4	4	2	4	15	2	2	2	13		



RNS Series Stats 2011

Females 50 to 54

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl		
4637	Houston, Norma	52	55				55		55				55																			60	390	7		
2915	Falkenham-Boutillier, Peggy	51	49	55	55		48		49			55	48		55	55		49			49					55						60	390	13		
4467	Macpherson, Ena	52		49			55	49					49							55	55											55	367	7		
2884	Fitzsimmons, Catherine	53		48			49		55	47		55									47												60	361	7	
5172	Whynot, Susan	52	46			48		46							48		55						55										60	358	7	
4844	MacDonald, Brenda	53								45		49							48						55		49	49					60	356	8	
2158	Holland, Nancy	50						49		43		46		45	55	49			47							48	48	47				60	356	11		
4547	Clarkson, Liane	52	48			49				48																							200	4		
5370	MacDougall, Shelley	51					48			46															55			49					198	4		
4622	MacIntyre, Norma	50	47									48										47		55										197	4	
4619	Warner, Susan	53							44			45																48					60	197	4	
5171	Stewart, Amy	51	44							49																							49	191	4	
5251	Turner, Jude	53	45						40						49							48												182	4	
5142	Morgan-Hamm, Bonnie	50							42			47										43				49								181	4	
2667	Chiasson, Dianne	53																										55					60	115	2	
5023	Naugler, Kathy	53								55												46													101	2
4928	Court, Cheryl	53					47																							49					96	2
4886	Johnson, Pamela	54										48										45													93	2
5383	Clevett, Helen	50							41																					48					89	2
5413	Rostek, Miriam	52																				44													89	2
5155	Kenney, Anna	50																																60	60	1
5430	Knickle, Nancy	53																											46						46	1
4454	Woodbury, Christine	53	43																																43	1
3043	Higgins, Joy	50																																	0	0
4052	Reddick, Patricia	50																																	0	0
4190	Archibald, Sherry	53																																	0	0
4335	McDonald, Barbara	50																																	0	0
4626	Gallard, Christine	53																																	0	0
5368	Kalkman, Loretta	50																																	0	0
			29	8	3	3	3	5	2	11	3	6	1	6	1	3	2	1	4	0	1	8	1	1	2	2	3	3	6	3	0	2	9			



RNS Series Stats 2011

Females 55 to 59

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl	
727	LeDuc, Louise	58	55	55		55	55		55		55		55		55	55					55	55	55			55			55				60	385	15
4565	Meister, Connie	57		49	55		49		49	49			49	55	49	49	55							55		49							60	378	13
5144	Cormier, Freda	55	49	48	49				44		49		48						55														60	358	8
632	Roblee, Laura	59	46	46					46		46		47		47			55				49				48							60	352	10
4285	Scott, Annette	57		47																	49												60	205	4
5217	Hachey, Susan	57							48		47																49						60	204	4
2972	MacDougall, Gail	59	47						47																								60	154	3
4159	Gillis, Sue	55								55											49							49						153	3
5038	Burchell, Sharon Ann	58		45	48				41																									134	3
5308	Veinot, Edith	59							40																								60	100	2
5282	MacNeil, June	57									45														55									100	2
5375	White, LeeAnne	55	48						45																									93	2
5355	McDonnell, Mary Catharine	58							42	48																								90	2
5235	Rickard, Susan	58	45						43																									88	2
834	Kinsman, Marg	59																															60	60	1
4333	Moore, Grace	58																															60	60	1
4387	Smith, Joanne	55																														60	60	1	
5416	English, Keltie	56																										55						55	1
4008	Fletcher, Wendy	58																					49											49	1
754	MacDonald, Ann	59														48																		48	1
4336	MacBeath, Donalda	57																					48											48	1
3053	Pound, Betty	58									48																							48	1
5252	Snowdon, Barb	56														46																		46	1
891	Hughes, Karen	59																																0	0
3018	Singleton, Kay	55																																0	0
4987	Vernon, Lynn	56																																0	0
4992	Trask, Sherryl	58																																0	0
5001	Hutchison, Donna	55																																0	0
5275	Stalker, Ann	57																																0	0
5293	McDonah, Morag	56																																0	0
5320	Snow, Sharon	56																																0	0
		31	6	6	3	1	2	0	11	3	6	0	4	1	2	5	1	2	1	2	2	3	2	1	1	3	0	2	2	0	0	0	10		



RNS Series Stats 2011

Females 60 to 64

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer	
1259	Patrick, Alice	60	55				55		55				55		55	55				55		55				55						60	390	11	
4166	Topliss, Brenda	63		55		55		55			55									49		55										55	60	390	8
4305	Dwyer, Vicky	62						49							49							49				48	55		55				60	365	7
5205	Sims, Beverly	60	49	49			48						49									49				47					48	60	352	8	
2785	Richardson, Beverley	61	48		55																	48					55				49	60	315	6	
4894	Snow, Joanne	62					49		48					55								48										60	260	5	
5240	Fleiger, Kathy	60									49														55	49							153	3	
1575	Boutilier, Joan	61				49																											153	3	
4915	Kellock, Nicole	62									48				55							49												152	3
4518	Winaut, Wanda	64							49	55																								104	2
4023	Tingley, Diane	63																																0	0
4320	Keddie, Melissa	61																																0	0
4324	Draper, Carol	64																																0	0
4404	Fox, Barbara	60																																0	0
4596	Lagin, Nancy	61																																0	0
4838	Lambert, Catherine	63																																0	0
5036	Allaway, Simonne	64																																0	0
5127	Roddam, Nancy	62																																0	0
5299	Martin, Peggy	61																																0	0
			19	3	2	1	2	3	2	3	1	3	0	2	1	2	1	1	1	0	2	3	3	2	0	1	4	1	1	2	0	3	6		



RNS Series Stats 2011

Females 65 to 69

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer	
2942	Robichaud, Shirley	65			55		55		55	55			55	55	49	55	55					55											60	390	12
3063	Keenan, Jenny	65		55			49		49	49			49	49	55			55		55				55									60	390	13
4368	Mooney, Janet	66		49		55					55											48		49		55			55			60	378	8	
4436	Oickle, Marion	69		48					48				48			49		49					49			49					55		347	8	
4908	Allen, Judith	68								48						48																	96	2	
2604	Gillis, Georgie	66																					55										55	1	
4272	Leppard, Marie	65																															0	0	
			7	0	3	1	1	2	0	3	3	1	0	3	2	2	3	1	2	0	1	3	2	2	1	0	2	0	1	0	1	1	3		



RNS Series Stats 2011

Females 70 and over

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer	
4195	Nevitt, Betty	75	55		55		55										55					55											60	390	7
5069	Marsden, June	76	48	55		49		55		55			55	55	55	49	55			49	55			55								55		385	15
598	Davidson, Mary	70																															60	60	1
5026	MacVicar, Isabel	77	49																															49	1
527	Jeppesen, Helen	88																																0	0
4402	Fletcher, Joanne	70																																0	0
5382	Czapalay, Joan	74																																0	0
			7	2	1	0	0	1	0	1	1	0	0	1	1	1	1	1	0	1	1	0	0	1	0	0	0	0	0	0	0	0	1	1	