

RNS #	Name	Age	Spring Tune up 5K	Greenwood ZX 10K	Wolfville 8 Miller	Bluenose 10K	Bluenose Half	Bluenose Full	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half	Johnny Miles Marathon	Enfield 5K	Enfield 10M	Privateer Days 5 Miller	Pictou Run for the Lobster 10K	Sheila Poole Mem. 10K	Nova Scotia Half Marathon	Nova Scotia Marathon	Dartmouth Natal Day 6 Miller	Digby Scallop Days 5K	Race Through Time 8 M	Cobequid Trail 10K	Berwick Gala Days 5 Miller	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Total		
4659	Chabot, Jeremy Mark	17			48	55					55														55			213	4		
4352	Sargenson, Nick	19			47		49										48					49							193	4	
4581	Fuller, Ryan	12		55				49																55					159	3	
4674	McLellan, Lewis	12							47						55										49				151	3	
4670	Patterson, Liam	12																											132	3	
4526	Michel, Josh	14		46						48			48																110	2	
4229	Doucette, Taylor	19				55											55												110	2	
4861	McLain, Peter	16								55							55													110	2
4636	Poole, Brigham	15							55													55								110	2
4229	Doucette, Aaron	17					55										49													104	2
4458	Fraser, Corey	17											49											55						104	2
4758	MacDonnell, Cole	14							49				55																	104	2
4562	Waller, Matthias	17			55																									55	1
4455	Bergman, Joel	17						49																						49	1
4631	Smith, Shawn	18		49																										49	1
4858	Darhani, Orzlie	12							48																					48	1
4433	Rogers, Jamie	15																				48								48	1
4459	Fraser, Bailey	9											47																	47	1
4527	MacNeill, Ben	11											46																	46	1
4578	Baltzer, Cain	18																												0	0
4521	Baltzer, Ethan	15																												0	0
4825	Cain, Makell	11																												0	0
4795	Cameron, Marc	13																												0	0
4913	Hills, D'James	8																												0	0
4719	Huelin, Ryan	13																												0	0
4817	Lugin-Nasse, Jonah	4																												0	0
4667	Lewis, Daniel	17																												0	0
4516	Waller, David	6																												0	0
4514	Waller, Michael	10																												0	0
4513	Waller, Richard	13																												0	0
			29	2	5	1	2	1	0	4	3	1	0	5	0	1	1	3	0	0	0	3	0	1	2	0	1	0	0	0	

RNS #	Name	Age	Spring Tune up SK	Greenwood ZX 10K	Wolfville 8 Miller	Bluenose 10K	Bluenose Half	Bluenose Lunenburg Full	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half	Johnny Miles Marathon	Enfield SK	Enfield 10M	Privateer Days 5 Miller	Pictou Run for the Lobster 10K	Sheila Poole Mem. 10K	Nova Scotia Half Marathon	Nova Scotia Marathon	Dartmouth Natal Day 6 Miller	Digby Scallop Days SK	Race Through Time 8 M	Cobequid Trail 10K	Berwick Gala Days 5 Miller	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC SK	Volunteer	Total		
4806	Avery, Kyle	23	55	49				55	49											49				48					305	4	
4410	Stewart, Kyle	20					55				55																			165	3
4625	MacIntyre, Ian	22																			55	55								110	2
4120	Atwell, Patrick	24		55																				55						110	2
4894	Simpson, Justin	24							49								55							49						104	2
4892	Gebus, Kevin	23							49															49						98	2
4859	Flanagan, Tim	22								55																				55	1
4767	Douglas, Tobias	22																												0	0
4792	Empson, Justin	22																												0	0
			9	1	2	0	0	1	0	2	2	1	0	0	0	2	0	1	0	0	2	0	1	0	3	0	0	0	0	0	

RNS #	Name	Age	Spring Tune up SK	Greenwood ZX 10K	Wolfville 8 Miller	Bluenose 10K	Bluenose Half	Bluenose Lunenburg Full	Johnny Miles 5 K	Johnny Miles 10K	Johnny Miles Half	Johnny Miles Marathon	Enfield SK	Enfield 10M	Privateer Days 5 Miller	Run for the Lobster 10K	Pictou 10K	Sheila Poole Mem. 10K	Nova Scotia Half Marathon	Nova Scotia Marathon	Dartmouth Natal Day 6 Miller	Digby Scallop Days SK	Race Through Time 8 M	Cobequid Trail 10K	Berwick Gala Days 5 Miller	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC SK	Volunteer	Total		
4726	McSugan, Cory	28		55				55						48																256	5	
4173	Archibald, Curtis	29							55	55							55									55					220	4
4453	Duguay, Tim	29					55		47				49																	60	211	4
4707	Reddy, Tiber	25							48	48				55																60	211	4
4377	Austin, Irene	28								49						49		55												55	209	4
4828	Law, Jeremy	26					55																			55					110	2
4778	McBride, Nick	26					49						55																	104	2	
4584	Fraser, Kenry	26							49																					49	1	1
4867	Butler, Kurt	29											47																	47	1	1
4745	Kennedy, Michael	25																												0	0	0
4542	Durling, Craig	26																												0	0	0
4724	Rose, Bryan	28																												0	0	0
4750	Grant, Philip	28																												0	0	0

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RNS #	Name	Age	Spring	Greenwood	Wolfville	Bluenose	Bluenose	Bluenose	Lunenburg	Johnny	Johnny	Johnny	Pictou	Sheila	Nova	Nova	Nova	Dartmouth	Digby	Race	Cobequid	Berwick	Valley	Valley			Total		
			Turn up SK	FX 10K	8 Mile	10K	Half	Full	5 K	10K	Miles	Miles	Miles	Run for the	Pool	Scotia	Scotia	Scotia	Natal Day	Scallop	Through	Trail 10K	Gala Days	Harvest Half	Harvest	NSAC SK		Volunteer	
1033	Haldway Ian	55		55			55		49		55		55								55						385	8	
1297	Winnert Doug	33	55					55					49							55			55			60	377	7	
1343	Hodge David	34					49			48			55													60	371	7	
1552	Whitt Brian	30							48				55														293	6	
1642	Bartoch Rich	34		49			48			47			49														240	5	
1724	Jacobs Matt	34		48			49		47																		144	3	
1746	Aiken Marlene	33		48																							143	3	
1771	Griff L.J.	33										55															60	115	2
1826	McLellan Tom	30					55						49														104	2	
1890	Carsen Rob	31								49															55		104	2	
1894	Dodge Patrick	30					48					48															96	2	
1897	Gogger Keith	30																							50		60	1	
1889	Haire Warren	33		49																							49	1	
1745	Morse David	34					47																				47	1	
1791	Edme Noel	33																									0	0	
1896	Roberts Michael	33																									0	0	

16 3 3 0 4 3 0 4 0 5 1 2 3 1 2 0 2 0 6 0 1 1 2 2 0 1 4

RNS #	Name	Age	Spring	Greenwood	Woitville	Bluenose	Bluenose	Bluenose	Lunenburg	Johnny	Johnny	Johnny	Pictou	Sheila	Nova	Nova	Dartmouth	Digby	Race	Cobequid	Berwick	Valley	Valley	NSAC SK	Volunteer	Total				
			Turn-up SK	FX 10K	8 Miles	10K	Half	Full	5 K	10K	Half	Marathon	Enfield 5K	Enfield 10M	Days 5 Miles	Run for the Lobster 10K	Mem. 10K	Scotia Half Marathon	Scotia Marathon	Natal Day 6 Miles	Scallop Days SK	Time 8 M	Trail 10K				Gala Days 5 Miles	Harvest Half Marathon	Harvest Marathon	
4378	Tweeddale, Fergus	37		55	55				49	49		55	55					47							60	384	0			
4613	Shantz, Eric	39	49				48		47			55		48				48					49			60	344	7		
4119	Blanchard, Barry	39							55	55					55			55					55			60	335	6		
4294	McLellan, Bruce	39			48				48					49													48	302	6	
4177	Hanson, Brent	36		48	45				46		49									55					47		49	290	6	
2553	Kruszewski, Vance	37			49									55				49						49	55		257	5	5	
4448	Young, John	39							49				49														49	248	1	
4276	George, Louis	37			45								48													48		141	2	
4892	Alvares, Youif	36								47											55							102	2	
4095	Kiley, Gordon	39									49														49			98	2	
4691	MacLellan, Farley	36			47							49																96	2	
4685	Robler, Don	37																	55									55	1	
3030	Doucette, Duayne	39						49																				49	1	
4871	MacKay, Duane	39										49																49	1	
2736	MacCaham, Aileen	36							48																			48	1	
4485	MacCaham, Brent	35																										0	0	0
4225	Eron, Shane	36																										0	0	0
4685	McNally, Mike	37																										0	0	0
4726	Michal, Andrew	37																										0	0	0
4075	McLennan, Christopher	37																										0	0	0
4075	McLennan, Robert	37																										0	0	0
4487	Stevens, David	38																										0	0	0
4047	Mehta, Rick	38																										0	0	0
4649	Scott, Jeff	38																										0	0	0
4551	Campbell, Adrian	38																										0	0	0
4762	Morrison, Chris	39																										0	0	0
4722	Gibb, Alan	39																										0	0	0
4746	Probst, Grant	39																										0	0	0

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RNS #	Name	Age	Spring		Greenwood		Wolfville		Bluenose		Bluenose		Bluenose		Lunenburg		Johnny Miles 10K	Johnny Miles Half	Johnny Miles Marathon	Enfield 5K	Enfield 10M	Privatizer Days 5 Miles	Run for the Lighter 10K	Sheila Poole Mem 10K	Nova Scotia Marathon	Nova Scotia Marathon	Dartmouth Natal Day 4 Miles	Digby Scallop Days 5K	Race Through Time 2.5 M	Cobequid Trail 10K	Berwick Gala Days 5 Miles	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Total		
			Ten-up 5K	7K 10K	8 Miles	10K	Half	Full	5K																													
4472	Moore, John	41			49							55	55									55		55											85	49		
4519	Wright, Peter	41			55		55					49											49		55		55			49			55		55	272	45	49
4504	MacDonald, Ron	42			56		55		55			48											49		49		49			49			49		49	356	47	
4560	Stanger, Patrick	41			48		48		48			47											48		48		48			48			48		48	338	47	
4527	McEwen, Don	44			49		43		47			48		46		46							46		46		48			47		48		48	323	43	46	46
4593	MacDonald, Tim	44			44		44		44			44		44		44							44		44		44			44		44		44	264	43		
4527	MacDonald, Tim	44			44		44		44			44		44		44							44		44		44			44		44		44	264	43		
4594	MacDonald, Glenn	41			41		41		41			41		41		41							41		41		41			41		41		41	255	43		
4725	Schurman, Steve	44			44		44		44			44		44		44							44		44		44			44		44		44	214	43		
4693	Ivler, Jonathan	41			47		47		47			45		45		45							45		45		45			46		46		46	193	43		
4574	Carroll, Carl	44			47		47		47			49		49		49							49		49		49			49		49		49	193	43		
453	Morse, Stephen	41			55		55		55			55		55		55							55		55		55			55		55		55	165	43		
4523	McNeil, Roy	41			47		47		47			46		46		46							46		46		46			46		46		46	142	43		
4546	McGarry, Terry	44			44		44		44			44		44		44							44		44		44			44		44		44	126	43		
4592	Kocher, David	42			55		55		55			49		49		49							49		49		49			49		49		49	119	43		
4739	MacDonald, David	42			49		49		49			49		49		49							49		49		49			49		49		49	104	43		
4744	MacKinnon, Mike	40			48		48		48			48		48		48							48		48		48			48		48		48	103	43		
4746	Duncan, Shari	41			41		41		41			41		41		41							41		41		41			41		41		41	96	43		
4746	Duncan, Shari	41			41		41		41			41		41		41							41		41		41			41		41		41	96	43		
4864	Riley, Mike	43			49		49		49			47		47		47							47		47		47			47		47		47	94	43		
4498	Baltzer, Rick	43			42		42		42			42		42		42							42		42		42			42		42		42	90	43		
4827	Dock, Don	41			49		49		49			49		49		49							49		49		49			49		49		49	89	43		
4864	Riley, Mike	43			49		49		49			47		47		47							47		47		47			47		47		47	85	43		
4827	Dock, Don	41			49		49		49			49		49		49							49		49		49			49		49		49	85	43		
4771	Rath, Duane	42			42		42		42			42		42		42							42		42		42			42		42		42	47	43		
4888	McIntosh, Andrew	40			40		40		40			40		40		40							40		40		40			40		40		40	46	43		
4874	Trullinger, Christopher	42			44		44		44			44		44		44							44		44		44			44		44		44	44	43		
4465	Balgon, Daniel	40			40		40		40			40		40		40							40		40		40			40		40		40	35	43		
4465	Balgon, Daniel	40			40		40		40			40		40		40							40		40		40			40		40		40	35	43		
4465	Balgon, Daniel	40			40		40		40			40		40		40							40		40		40			40		40		40	35	43		
4473	Wilson, David	40			40		40		40			40		40		40							40		40		40			40		40		40	35	43		
4449	Steuerson, Tony	40			40		40		40			40		40		40							40		40		40			40		40		40	35	43		
4440	Conger, Stephen	40			40		40		40			40		40		40							40		40		40			40		40		40	35	43		
4451	Allen, Scott	42			42		42		42			42		42		42							42		42		42			42		42		42	35	43		
4675	MacDuffie, Tracy	43			43		43		43			43		43		43							43		43		43			43		43		43	35	43		
4640	Smith, Ian	43			43		43		43			43		43		43							43		43		43			43		43		43	35	43		
4777	Irwin, Mark	43			43		43		43			43		43		43							43		43		43			43		43		43	35	43		
4696	Holt, David	43			43		43		43			43		43		43							43		43		43			43		43		43	35	43		
4664	Walker, Kevin	44			44		44		44			44		44		44							44		44		44			44		44		44	35	43		
4809	Monahan, Shawn	44			44		44		44			44		44		44							44		44		44			44		44		44	35	43		

38 4 9 4 4 3 3 7 5 5 2 1 2 5 1 2 4 0 6 3 2 3 5 4 4 0 4

RNS #	Name	Age	Spring		Woolville	Bluenose	Bluenose	Bluenose	Lunenburg	Johnny	Johnny	Johnny	Pictou	Sheila	Nova	Nova	Dartmouth	Digby	Race	Cobequid	Berwick	Valley	Valley	NSAC_KK	Volunteer	Total			
			Tanapag 5K	PX 10K	2 Miles	10K	Half	Full	KK	10K	Half	Marathon															Enfield 5K	Enfield 10M	Days 1.5 Mile
271A	Grimby, Michael	52	55	55	55				55	55			55	55											60	290	10		
487A	Olson, Jeff	52		48				49	44	55				49	55									55	60	212	11		
487B	O'Donnell, Craig	53						55						49	55									57	48	60	202	4	
273Z	Coulter, Douglas	52			48				46	48				49	48										49	60	249	8	
487C	Phelan, Thomas	52							46	46					47										47	60	219	8	
264J	Standers, Steve	53		45					46	43					44	43									60	213	8		
487D	Robertson, James	52		44	44				48	41					42										47	60	212	11	
487E	MacDonald, David	52		43	43				45	41					42										47	60	212	11	
487F	Stratton, David	53							43	43					43										47	60	212	11	
279A	Duggan, Brian	52		43		47	49		40	48					43										46	60	216	7	
250V	Henderson, Paul	50		48		49				48					45	55			49						60	207	6		
487G	Grimes, Paul	52							46	46					46										60	211	5		
488	Stem, Mark	53		47					45	49					46										60	249	5		
484B	Moxwell, Bill	52							43	49					48										46	49	60	233	5
489	Morris, Terry	51							49		40				55										60	213	4		
489J	MacIntyre, Scott	51								44					49				55						60	196	4		
416S	Coursh, Jeff	50							55	49															60	164	3		
4007	Lesard, Gerry	52								55															60	115	2		
489	Wilkins, Bob	54								54															60	116	2		
489A	Coffin, Stewart	54								46															60	108	2		
484J	Mc Millan	52							47	47															60	94	2		
482H	Wahby, Gerry	53							43	43															47	60	90	2	
484	MacDonald, Paul	52							44	45															60	90	2		
481	Morris, Stephen	54								45															60	60	1		
499	Pearce, Mel	52								46															60	60	1		
481	MacIntyre, Paul	52								44															60	55	1		
514	Crowder, Gordon	52								44															60	55	1		
486B	Morris, Steven	51								48																60	48	1	
486P	Morris, Steven	51								48																60	48	1	
478J	MacLeod, Roger	53		48						48																60	48	1	
488D	Dunn, Steve	52								48																60	48	1	
473Z	MacIntyre, Maurice	50								47																60	47	1	
484J	Mossman, Rod	50								46																60	46	1	
78P	MacDougal, Brian	51								46																60	46	1	
484	Allen, Tom	52								45																60	45	1	
468P	Roberts, Tom	51								45																60	45	0	
487	McNeill, Loren	51								45																60	45	0	
484	Thompson, John	52								45																60	45	0	
489V	Stewart, Tim	52								45																60	45	0	
481V	Colwell, William	52								45																60	45	0	
484I	Kontak, Michael	53								45																60	45	0	
481V	Jones, Gary	53								45																60	45	0	
481V	Jones, Gary	53								45																60	45	0	
481V	Moulton, B Norman	54								44																60	44	0	

55 55 55 49
47 48 48
44
46
43
41 42 44 44

40 8 7 5 2 8 3 11 3 7 3 1 1 7 2 3 4 0 9 4 3 1 7 5 4 3 14

RMS #	Name	Age	Spring	Greenwood	Woffello	Bhannon	Bhannon	Bhannon	Lunenburg	Johnny	Johnny	Johnny	Privateer	Pictou	Shella	Nova	Nova	Dartmouth	Digby	Race	Cobeguit	Berwick	Valley	Valley	Total	
			Tues	Wed	Thurs	Fri	Sat	Sun	Mon	Tue	Wed	Thurs	Fri	Sat	Sun	Mon	Tue	Wed	Thurs	Fri	Sat	Sun	Mon	Tue		Wed
4054	Wheeler, Brian	55																							55	
4062	Bird, Jim	59																							46	
4067	Amstrong, P	55																							46	
4069	Parker, David	52																							47	
408	Robble, Bill	59																							47	
4171	McNeil, L	52																							44	
4173	McNeil, L	52																							44	
4177	McNeil, P	56																							44	
4178	McNeil, P	56																							44	
4179	McNeil, P	56																							44	
4180	McNeil, P	56																							44	
4181	McNeil, P	56																							44	
4182	McNeil, P	56																							44	
4183	McNeil, P	56																							44	
4184	McNeil, P	56																							44	
4185	McNeil, P	56																							44	
4186	McNeil, P	56																							44	
4187	McNeil, P	56																							44	
4188	McNeil, P	56																							44	
4189	McNeil, P	56																							44	
4190	McNeil, P	56																							44	
4191	McNeil, P	56																							44	
4192	McNeil, P	56																							44	
4193	McNeil, P	56																							44	
4194	McNeil, P	56																							44	
4195	McNeil, P	56																							44	
4196	McNeil, P	56																							44	
4197	McNeil, P	56																							44	
4198	McNeil, P	56																							44	
4199	McNeil, P	56																							44	
4200	McNeil, P	56																							44	
4201	McNeil, P	56																							44	
4202	McNeil, P	56																							44	
4203	McNeil, P	56																							44	
4204	McNeil, P	56																							44	
4205	McNeil, P	56																							44	
4206	McNeil, P	56																							44	
4207	McNeil, P	56																							44	
4208	McNeil, P	56																							44	
4209	McNeil, P	56																							44	
4210	McNeil, P	56																							44	
4211	McNeil, P	56																							44	
4212	McNeil, P	56																							44	
4213	McNeil, P	56																							44	
4214	McNeil, P	56																							44	
4215	McNeil, P	56																							44	
4216	McNeil, P	56																							44	
4217	McNeil, P	56																							44	
4218	McNeil, P	56																							44	
4219	McNeil, P	56																							44	
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4263	McNeil, P	56																							44	
4264	McNeil, P	56																							44	
4265	McNeil, P	56					</																			

RNS.#	Name	Age	Spring Tune-up 5K	Greenwood 7K 10K	Wolfville 8 Miles	Bluenose 10K	Bluenose Half	Bluenose Lunenburg 5K	Johnny Miles 10K	Johnny Miles Half	Johnny Miles Marathon	Enfield 5K	Enfield 10M	Privateer Days 5 Miles	Pictou Run for the Lobster 10K	Sheila Poole Mem. 10K	Nova Scotia Marathon	Nova Scotia Marathon	Dartmouth Natal Day 4 Miles	Digby Scallop Days 5K	Race Through Time 8 M	Cobequid Trail 10K	Berwick Gala Days 5 Miles	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Total			
3044	Riesdorf, John	71	55	55		55									55													60	390	7	
606	Robertson, Arnold	76	49	49	49			48						49								55	49				55		355	8	
611	Vogel, Roy	80						49						55									55					60	274	5	
3602	Pain, Malcolm	71						55						55														60	225	4	
420	Robley, George	71						55																				60	170	3	
548	Nixon, Murray	73				55																						60	55	1	
2396	Ryan, Len	77																											0	0	0
606	Smith, Les	76																											0	0	0
541	Dorfer, Eric	91																											0	0	0

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