

**EPIC Canadian Triple Half Marathon
(10K + 5K Double-In-A-Day + Half Marathon)
Saturday 2 July 2016**

Place	Bib #	Name	City/Town	Prov	Co.	Div		Double Time	Half Time	Triple Time
						Total	Div			
1	531	Bryan Hipson	Yarmouth	NS	CA	1/8	M50-59	0:55:20	1:24:39	2:19:59
2	534	Drew Moore	Halifax	NS	CA	1/9	M30-39	0:56:45	1:26:38	2:23:23
3	559	Jarvis Googoo	Halifax	NS	CA	2/9	M30-39	0:58:11	1:40:48	2:38:59
4	521	Kerry Coolen	Bridgewater	NS	CA	3/9	M30-39	1:04:49	1:35:10	2:39:59
5	554	Ryan Couture	Dartmouth	NS	CA	4/9	M30-39	1:08:27	1:41:03	2:49:30
6	564	Kenneth Evoy	Beaver Bank	NS	CA	5/9	M30-39	1:09:36	1:41:34	2:51:10
7	715	Jacob Halloran	Guysborough	NS	CA	1/1	M01-19	1:10:17	1:43:48	2:54:05
8	522	Andre Dessureault	Dartmouth	NS	CA	1/5	M40-49	1:12:53	1:45:47	2:58:40
9	504	Don Perry	Halifax	NS	CA	2/5	M40-49	1:13:20	1:48:37	3:01:57
10	514	Kent Rees	Elmsdale	NS	CA	6/9	M30-39	1:16:08	1:46:26	3:02:34
11	553	Sean Dixon	Canning	NS	CA	3/5	M40-49	1:16:34	1:47:13	3:03:47
12	561	Adam Sherlock	Cow Bay	NS	CA	4/5	M40-49	1:17:21	1:50:07	3:07:28
13	528	Scott Lawson	Hfx	NS	CA	2/8	M50-59	1:15:13	1:54:07	3:09:20
14	524	Terry Stoodley	Halifax	NS	CA	5/5	M40-49	1:17:26	1:53:59	3:11:25
15	517	Maki Morozumi	Tokyo		JP	1/11	F30-39	1:18:23	1:54:45	3:13:08
16	503	Phil Reid	Halifax	NS	CA	1/3	M60-69	1:16:49	1:57:20	3:14:09
17	113	Ken Hammel	Canada	NS	CA	3/8	M50-59	1:23:01	1:56:10	3:19:11
18	716	Clare MacKenzie	Hammonds Plains	NS	CA	1/7	F50-59	1:21:58	1:58:08	3:20:06
19	560	Courtney Sherlock	Cow Bay	NS	CA	2/11	F30-39	1:22:02	1:59:54	3:21:56
20	501	Jeffrey Goodine	Dartmouth	NS	CA	7/9	M30-39	1:18:58	2:03:26	3:22:24
21	549	Wanda McClellan	Truro	NS	CA	2/7	F50-59	1:22:47	2:01:32	3:24:19
22	550	John McClellan	Truro	NS	CA	4/8	M50-59	1:22:48	2:01:32	3:24:20
23	511	Lori Whitman	Halifax	NS	CA	1/11	F40-49	1:23:43	2:02:54	3:26:37
24	645	Sandy Jesty	Halifax	NS	CA	8/9	M30-39	1:23:27	2:03:27	3:26:54
25	662	Mr. David :~d Draper	Antigonish	NS	CA	9/9	M30-39	1:20:44	2:07:05	3:27:49
26	682	Julie Custance	Dartmouth	NS	CA	2/11	F40-49	1:48:13	1:43:06	3:31:19
27	530	Kendra Sheppard	Dartmouth	NS	CA	1/1	F20-29	1:33:47	2:03:28	3:37:15
28	513	Jenny Koutroulakis	Lower Sackville	NS	CA	3/11	F30-39	1:33:04	2:07:02	3:40:06
29	526	Colleen Scott	Barrington	NS	CA	4/11	F30-39	1:29:15	2:11:31	3:40:46
30	540	Roy Banks	Kingston	NS	CA	5/8	M50-59	1:30:33	2:13:27	3:44:00
31	539	Derek Mackendrick	Middle Sackvill	NS	CA	6/8	M50-59	1:29:33	2:14:50	3:44:23
32	558	Shawna Murdock-Moore	Halifax	NS	CA	3/7	F50-59	1:30:28	2:17:26	3:47:54
33	552	Cheryl Huett	Coldbrook Stati	NS	CA	4/7	F50-59	1:32:28	2:16:31	3:48:59
34	556	Lisa Brookes	Halifax	NS	CA	3/11	F40-49	1:34:22	2:15:24	3:49:46
35	516	Angel McCarthy	Corner Brook	NL	CA	5/11	F30-39	1:36:09	2:18:41	3:54:50
36	515	Richard Chipman	Truro	NS	CA	7/8	M50-59	1:35:00	2:20:08	3:55:08
37	544	Brian Lowe	Dartmouth	NS	CA	2/3	M60-69	1:38:55	2:17:22	3:56:17
38	523	Sydney Smith	Halifax	NS	CA	5/7	F50-59	1:33:04	2:23:19	3:56:23
39	551	Gary Huett	Coldbrook Stati	NS	CA	3/3	M60-69	1:40:44	2:16:53	3:57:37
40	542	Elizabeth Miller	Fall River	NS	CA	4/11	F40-49	1:36:35	2:21:17	3:57:52
41	555	Tracy Belliveau	Timberlea	NS	CA	5/11	F40-49	1:38:40	2:21:20	4:00:00
42	566	Sophie Vienneau	Moncton	NB	CA	6/11	F30-39	1:39:10	2:21:35	4:00:45
43	563	Sherry MacKenzie Jenniso	Kentville	NS	CA	1/3	F60-69	1:40:54	2:22:26	4:03:20
44	507	Melanie Marois	Dartmouth	NS	CA	7/11	F30-39	1:43:33	2:24:24	4:07:57

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45	525	Stacey Turner	Dartmouth	NS	CA	6/11	F40-49	1:47:54	2:24:40	4:12:34
46	508	Jeffrey Roy	Halifax	NS	CA	8/8	M50-59	1:45:03	2:33:01	4:18:04
47	644	Pam Baker	Lower Sackville	NS	CA	7/11	F40-49	1:46:45	2:31:55	4:18:40
48	538	Lisa Loomer	Middle Sackvill	NS	CA	8/11	F30-39	1:49:58	2:39:29	4:29:27
49	533	Jennifer Walker	Eastern Passage	NS	CA	9/11	F30-39	1:56:35	2:47:05	4:43:40
50	562	Faith O'Reilly	Cole Harbour	NS	CA	8/11	F40-49	2:02:52	2:42:43	4:45:35
51	543	Kim Gaudet	Dartmouth	NS	CA	9/11	F40-49	2:05:33	3:05:15	5:10:48
52	535	Christiane Lonergan	Brookside	NS	CA	6/7	F50-59	2:21:40	3:01:40	5:23:20
53	529	Marion Bowes	Seabright	NS	CA	2/3	F60-69	2:28:35	3:01:09	5:29:44
54	546	Natasha Flynn	Seabright	NS	CA	10/11	F30-39	2:13:12	3:20:31	5:33:43
55	545	Trudy Flynn	Seabright	NS	CA	3/3	F60-69	2:13:13	3:20:31	5:33:44
56	509	Tobi Harris	Newnan	GA	US	10/11	F40-49	2:14:56	3:20:31	5:35:27
57	537	Amber Collins-Grimmer	Timberlea	NS	CA	11/11	F30-39	2:20:02	3:20:37	5:40:39
58	547	Severine Guitton	Halifax	NS	CA	11/11	F40-49	2:41:18	3:04:28	5:45:46
59	510	Stephanie Firlotte	Halifax	NS	CA	7/7	F50-59	2:41:18	3:05:04	5:46:22