

2014

Men 75 to 79

2014 RNS Number	Last Name	First Name	Greenwood ZX 10K	Greenwood ZX 5K	Osprey 5K	Enfield Penguin 5K	Lunenburg 5K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Cross Border Challenge 10K	Epic Canadian 10K	Run for the Lobster 5K	Run for the Lobster 10K	Liverpool 5 Miler	Sheila Poole 10K	Windsor 5K	Nova Scotia 10K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPaaS Mile	Dartmouth h Natal Day 2 Mile	Dartmouth h Natal Day 6 Mile	Digby Scallop Days 5K	Digby Scallop Days 10K	Louisburg Race Through Time	Cobequid Trail Run 5K	Cobequid Trail Run 10K	Cobequid Trail Run Half Marathon	Berwick 5 Miler	Cole Harbour Harvest 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	Rocky's Run 5K	Volunteer	Total	
1602	Pain	Malcolm			55							55	55	55	55		55					55	55						55	55	55	55			55	60	500	
3994	Robout	John	55																			55							55		55						60	372
7483	Rice	Brian																					55													55		115
4630	Pollock	George							55																											55		169
913	Young	Dev																																			3	5

Total # of Races

11
7
2
3
0

2014 2013

Men 80 and Older

2014 RNS Number	Last Name	First Name	Greenwood ZX 10K	Greenwood ZX 5K	Osprey 5K	Enfield Penguin 5K	Lunenburg 5K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Cross Border Challenge 10K	Epic Canadian 10K	Run for the Lobster 5K	Run for the Lobster 10K	Liverpool 5 Miler	Sheila Poole 10K	Windsor 5K	Nova Scotia 10K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPaaS Mile	Dartmouth h Natal Day 2 Mile	Dartmouth h Natal Day 6 Mile	Digby Scallop Days 5K	Digby Scallop Days 10K	Louisburg Race Through Time	Cobequid Trail Run 5K	Cobequid Trail Run 10K	Cobequid Trail Run Half Marathon	Berwick 5 Miler	Cole Harbour Harvest 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	Rocky's Run 5K	Volunteer	Total			
696	Robertson	Arnold					55															55																275		
696	Smith	Lee															55																					1	0	2
			23	5		21	42	71	29	15	10	3	35	10	26	29	27	28	7	17	12	31	26	57	10	7	8	8	8	21	31	19	21	41	8	23	76	287		
			8%	2%	7%	15%	25%	10%	5%	3%	1%	12%	3%	9%	10%	9%	10%	2%	6%	4%	11%	9%	20%	3%	2%	3%	3%	3%	3%	7%	11%	7%	7%	14%	3%	8%	26%			

Total # of Races

5
0