



Wolfville 8 Mile Road Race



RNS Series 2010 Event # 4
Sunday, 9 May, 2010, 9:00 a.m.
Acadia University Arena, Wolfville, NS

Course Description: Starting near the Acadia University Arena Complex and winding through town, across the wharf and onto the historic dykes, turning at the 4 mile mark, returning by the same route, and finishing on/near the track of Acadia Sports Stadium. The course is very flat with a few short, sharp hills (onto the dykes and back down), and is run mostly on hard backed dirt roads.

Registration: By mail: before 9 May – \$25 - RNS Members \$20
On Race Day: 8:00 a.m. at the Acadia Gym - \$25
No phone or email registrations please.

Categories & Awards: Male and Female- Open, Junior, Master, Senior Master, Golden Master, Middle of the Pack Runner. Points will be awarded to all RNS Members in the appropriate categories provided their RNS number is on their registration form.

Shower and change facilities available at Acadia Gym.

Contact: Steve Moores, (902)542-1867, smoores@eastlink.ca
Mail to: Steve Moores, 1245 Forest Hill Rd, RR1, Wolfville, NS, B4P 2R1
Make cheque payable to **Wolfville Road Race**



Wolfville 8 Mile Road Race

Registration Form:

Name: _____ RNS# _____

Address: _____

City: _____ Prov. _____ Postal Code _____

Age: _____ Date of Birth _____ Gender: male / female

EVENT PARTICULARS: Wolfville 8 Mile Road Race (the "Race") organized by the Valley Harvest Marathon Association (the "Race Organizers")

Understanding of Risk and Release of Responsibility

I understand that participating in a road race is a potentially dangerous event. Further, the weather, footing and vehicle traffic conditions may be adverse and greatly increase the danger. I certify that I am medically fit to participate without risk to myself or others. I understand that I am totally responsible for my own safety.

In consideration of my being permitted to participate in the Race, I hereby remise, release and forever discharge, waive and save harmless, protect and indemnify the Race Organizers, Athletics Canada, Athletics Nova Scotia, Sport Nova Scotia, Run Nova Scotia, the Valley Harvest Marathon Association, Grande Pre Dykes Commission, any and all clubs, associations, sanctioning bodies, sponsors, participants, competitors, entrants and all respective agents, officials, volunteers, servants, and representatives from and against any and all kinds of action claims, costs and expenses and demands in respect of death, injury, loss or damage to my person or property howsoever caused as a result of my being permitted to attend or in any way take part prior to, during or subsequent to the Race, whether as an entrant, competitor, spectator or otherwise, notwithstanding that some may have been contributed to or occasioned by the negligence of any of the aforesaid, their agents, officials, servants or representatives. Further, I hereby grant permission to any of the above to disseminate photographs or other race result information to the public, through any medium they so choose, from time to time.

By submitting this entry, I acknowledge having read, understood and agreed to the above. This document will bind my heirs, executors, administrators, successors, and assigns.

Signature: _____ Date: _____

parent or guardian for runners 18 and under