



RNS Series Stats 2011

Males under 20

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer			
4858	Damiani, Ozzie	15							55				55			49	49					55	49											367	7		
5395	Estabrook, Hayden	15					48		48							47						49		55			49	55				55			359	8	
5403	Fancy, Simeon	15					55									55	55					48	55				55								323	6	
4581	Fuller, Ryan	15			55		49		49							48										55									256	5	
5230	Wagner, Jonathan	14			48				47							46												55							196	4	
5077	Fuller, Jesse	10							46							45																49			140	3	
4670	Patterson, Liam	15	55		49																														104	2	
4433	Rogers, Jamie	18																					48													48	1
4719	Huelin, Ryan	16																																	0	0	
5135	Murphy, Ryan	14																																	0	0	
5296	Keddy, Lucas	10																																	0	0	
5301	Nolan, Dennis	17																																	0	0	
5310	Dacanay, Joshua	13																																	0	0	
5311	Kruszewski, Nelson	11																																	0	0	
5422	Atwood, Peter	16																																	0	0	
5423	Atwood, Paul	13																																	0	0	
5424	Atwood, Mark	11																																	0	0	
			17	1	0	3	0	3	0	5	0	0	0	1	1	0	2	6	0	0	0	3	3	0	1	0	1	2	1	1	0	2	0				



RNS Series Stats 2011

Males 20 to 24

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer		
5304	Taverner, Jake	23	55																															55	1	
4943	Coneybeare, Allan	22																																	0	0
5338	Kemsley, Adam	22																																	0	0
			3	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	



RNS Series Stats 2011

Males 25 to 29

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer		
5339	McDiarmid, Iain	28	48	48												55	55					49		55								60	370	7		
5369	Hutchinson, Ryan	27		47		47	48						49		55					55		48												349	7	
4584	Fraser, Kenny	29	49	49		49	55						55									55												312	6	
5366	Chepel, Ivan	29				48	49		55																									152	3	
4707	Reddy, Tyler	28	55																														60	115	2	
5250	Hennigar, Toby	27		55		55																												110	2	
5391	Smith, Kyle	28						55			55																							110	2	
5159	MacDougall, Jacob	28					47										49																	96	2	
4778	McBride, Nick	29																															60	60	1	
4625	MacIntyre, Ian	25																					55											55	1	
5414	Chipman, Pete	28														49																		49	1	
5164	Coffin, Paul	29																																47	1	
5241	Robar, Nathan	28		46																														46	1	
4997	Lawrence, Ryan	29																																0	0	
5389	Wilkie, Gregory	27																																0	0	
			15	3	5	0	4	4	1	1	0	1	0	2	0	1	2	2	0	0	1	4	0	1	1	0	0	0	0	0	0	0	0	0	3	



RNS Series Stats 2011

Males 30 to 34

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer		
5353	Menzies, Jonathan	34	49	55	55	55	55		55				55		55	55	55					55	55			55						55	385	16		
5377	Quigley, Joseph	31	44		49		47						49		47		48					47												331	7	
4739	McGuigan, Cory	31	47				48		49								49			49	49													291	6	
5285	Beaton, Shawn	34	48	49			49													55														201	4	
5101	Hayami, Douglas	33	55												49	49																		153	3	
5286	Tetford, Joey	33							55													49						49						153	3	
5420	Carty, Michael	32													48							49							55					152	3	
4576	Duguay, Tim	32					46																								60			106	2	
5097	Warren, Ronald	33																						49		55								104	2	
5428	Brannen, Keith	30																																103	2	
4973	Juurlink, Mike	33	46																															101	2	
5259	Brady, Ryan	34	43						48																									91	2	
4962	Clark, Colin	31																														60			60	1
4734	Powe, Ryan	31													48																				48	1
5110	Chambers, Rob	34	45																																45	1
4826	McLellan, Tom	33																																	0	0
5317	Pearce, Adam	33																																	0	0
			17	8	2	2	1	5	0	3	1	0	0	2	0	4	3	3	0	0	2	4	2	2	1	2	1	1	1	0	2	1	1	2		



RNS Series Stats 2011

Males 35 to 39

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl	
5333	Edwards, Colin	35		55	55	49	55		55				55		55											55							385	8	
4343	Holder, David	36				48		55														55			55		49		55				60	377	7
4177	Fiander, Brent	39	44	47	46		47						48										55									48	335	7	
4953	Mercer, Jason	36			48				47													47		55			55						296	6	
4297	Vincent, Doug	36	49						49										55				55						44			60	268	5	
4901	Flemming, Troy	39			47								49			55		49															200	4	
5303	Tully, Dan	37													49										49				49		49	196	4		
5274	Dunbar, Greg	39	43				46									49											48						186	4	
5376	Rashid, Asaf	35	55			55	49																										159	3	
5404	Mattie, Jody	36										55										49									55	159	3		
5371	Carstensen, Grant	37	46		49				48																								143	3	
5104	Mason, Scott	37		48								47																		47			142	3	
5117	Thibault, Aaron	36	47																			48							46				141	3	
4042	Bartoch, Rich	37				47			46			48																					141	3	
5189	Taylor, Matthew	36								55															49								104	2	
4359	Roberts, Michael	36					48									55																	103	2	
5288	French, Mike	39	48	49																													97	2	
5146	Earle, Steve	39										49																		45			94	2	
5361	Crooks, Gordon	39	45						45																								90	2	
1033	Holdway, Ian	36																													60	60	1		
5331	Martin, Robert	35																											48				48	1	
5321	Chouinard, Scott	36																				46											46	1	
4167	Connor, Greg	37							44																								44	1	
4898	Lavigne, Patrick	37																												43			43	1	
5363	Bobbitt, Mike	38																											42				42	1	
2601	MacLeod, Farley	39																															0	0	
4389	Haire, Warren	36																															0	0	
5111	Cyr, Jim	39																															0	0	
5120	Lovett, Ben	35																															0	0	
5181	Shipley, Chris	38																															0	0	
5283	Deacoff, Cameron	37																															0	0	
			31	8	4	5	4	5	1	7	1	4	0	3	0	2	1	2	2	0	0	5	1	1	2	2	3	1	0	9	0	3	3		



RNS Series Stats 2011

Males 40 to 44

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl
5388	Seto, Walter	43						49		47		48			48		55					48							49			344	7	
2553	Kruszewski, Vance	40		49		49							55	55	55								49									312	6	
5322	Keeping, Scott	43						46		55															48	55		55				259	5	
5209	Hanlon, Andrew	40						49			49														49						60	256	5	
5032	Canning, Andrew	41			55	55																55							49			214	4	
5059	Francis, Cory	42											47	49	47																55	198	4	
4985	Dacanay, Andrew	42									55																		55		60	170	3	
4944	McDormand, Ian	42													55			55														158	3	
5343	Johnson, Steve	41													46													49			60	155	3	
4921	Farrell, Daniel	41						47			48				49																	144	3	
5373	Johnson, Mark	41	48								46																					141	3	
4119	Bardeesy, Rami	42						55																							60	115	2	
4768	Donovan, Doran	44																											55		60	115	2	
4907	Boutilier, Tim	43									55															55						110	2	
5318	Rodgers, Rob	43					55			48																						103	2	
4585	Kiley, Gordon	42				48		48																								96	2	
5408	Mackintosh, Todd	43																				47								45		92	2	
5334	Williams, Sean	44		55																												55	1	
4613	Shantz, Eric	42																		55												55	1	
5017	Brittain, Marc	42	55																													55	1	
4472	Moore, John	44						55																								55	1	
2954	Timberlake, Gavin	44																					55									55	1	
4236	Dionne, Louis	40	49																													49	1	
5292	Thomson, George B.	43																									49					49	1	
5028	King, Andrew	41								49																						49	1	
5432	Simony, Tim	40																														46	1	
4523	McNeill, Roy	44									45																					45	1	
2787	Niedermayer, Richard	42																														0	0	
4075	MacLean, Christopher	40																														0	0	
4097	Rothenburg, Mike	41																														0	0	
4378	Tweedale, Fergus	40																														0	0	
4465	Bulger, Daniel	43																														0	0	
4468	Young, John	42																														0	0	
4469	Murphy, Rene	44																														0	0	
4471	Wilson, David	43																														0	0	
4683	MacIsaac, Andrew	43																														0	0	
5182	Stevenson, Kurt	42																														0	0	
5298	Jabour, Tony	40																														0	0	
5324	Claridge, Andrew	41																														0	0	
			39	3	2	1	3	1	5	2	3	6	1	4	2	5	1	1	1	0	1	4	0	1	0	3	2	0	2	6	2	1	5	



RNS Series Stats 2011

Males 45 to 49

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl					
5393	Estabrook, Derek	47					49		55								55							55				55				55	373	8					
3012	Laberge, Pierre	49		49			55	48				55				49								55					55					366	7				
5362	Miner, Alan	46		55			49	55								48	49	49															60	365	9				
986	Pettipas, Mike	48		46			48	46		48		47				45																	60	342	10				
4029	Brill, Louis	48					47		49																									60	342	10			
4822	MacDonald, Scott	49	47					44		47																								60	253	5			
4263	MacDougall, Ron	45	48					45																											241	5			
4693	Fuller, Jonathan	46					49			43								48																	237	5			
5041	Graham, Doug	46					46					48				43																			232	5			
5279	Kennedy, Scott	48										45						46																	229	5			
4331	Hipson, Randall	48	49																																60	213	4		
5128	Tulloch, Kevin	48							55																											200	4		
4788	Coffin, Greg	49					42			46																										60	196	4	
5399	Verge, Paul	49								45																										187	4		
5018	Murray, Steven	47																																		158	3		
4706	McKay, Dion	47	46					44																												60	150	3	
4764	McGrath, Richard	48								49																											149	3	
5043	Gallant, Paul	48	45					55		47																											147	3	
4957	Morgan, William	48																																			147	3	
5228	Myles, Wayne	49						45																													135	3	
2844	Moorehead, Ray	48								55																											60	115	2
4427	Goudey, Curt	49																																			101	2	
5243	Jones, Greg	48	44																																		99	2	
5122	Nolan, Danny	49																																			96	2	
5350	Hipson, Bryan	45																																			94	2	
5071	MacLean, John R	45																																			93	2	
2948	Neynens, Harry	47																																			60	1	
4703	Kachan, David	45																																			60	1	
5156	MacDonald, Luke	47																																			60	1	
1692	MacLennan, David	48																																			55	1	
4591	Abbott, Stephen	49																																			55	1	
1464	Arnold, David	49																																			49	1	
647	Erjavec, Luc	48																																			49	1	
5323	MacIntosh, Alexander	48																																			49	1	
4771	Rath, Duane	45																																			48	1	
4179	Huxtable, John	48																																			47	1	
5079	Tannahill, Darrell	48																																			47	1	
5247	Brown, Scott	47																																			44	1	
4793	Fancy, Leroy	48																																			43	1	
4809	Monahan, Shawn	47																																			42	1	
1780	Atkins, Bernie	48																																			0	0	
4006	Moore, Terry	48																																			0	0	
4451	Fitzsimmons, Michael	48																																			0	0	
4560	Smith, Ian	46																																			0	0	
4582	McElroy, Phil	48																																			0	0	
4675	MacIntyre, D'Arcy	46																																			0	0	
5033	DiMattia, Dino	47																																			0	0	



RNS Series Stats 2011

Males 45 to 49

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer			
5219	Corkum, Derrick	47																																0	0		
5220	Hawkins, John	49																																	0	0	
5277	Grabosky, Peter	48																																	0	0	
5297	Boxall, James	48																																	0	0	
5325	Pelham, Danny	45																																	0	0	
5329	Cashen, Chris	47																																	0	0	
5429	Curry, David	45																																		0	0
			54	7	7	2	5	9	4	6	1	6	1	8	5	3	2	0	3	7	3	1	3	3	2	1	1	10	1	4	10						



RNS Series Stats 2011

Males 50 to 54

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl
4233	Melloy, Terry	52		55		55	55		55				55											55				55			60	390	8	
1019	Nevitt, David	52	55	49		48	49		48			55	49		55					55	55						55				60	390	12	
4237	Nickerson, Victor	51			55	49	48		49				48			55			55			49	55		49								367	10
2559	Heintzman, Paul	53													49	55				49	48	49	49								60	359	7	
4295	Banks, Roy	51		47		47			44										55			47					55		55			350	7	
1617	Robertson, David	54		45		45							43				48					42		55		49			49	49		340	9	
2480	Whynot, Clarence	52	49		49												49					48									60	255	5	
5053	Misener, Randy	54							43		48							46				48									60	245	5	
4993	Robb, Glenn	51								55											45					55					60	215	4	
5158	Gilbert, Mel	53	48					55						55								46										204	4	
4638	Schives, Darren	52														48			47						48						60	203	4	
4621	MacIntyre, Scott	54	47								49										47		55									198	4	
4496	Chipman, Richard	49						48			47									48									55			198	4	
5267	Morshead, Barry	53							42													44					49				60	195	4	
2842	Allen, Jeff	50								55				49																	60	164	3	
493	Morris, Terry	54											47																		60	154	3	
186	Fisher, Barry	50							46																						60	151	3	
4643	Mossman, Roderick	53											46			47			48													141	3	
607	McNeill, Lonnie	54																					46								60	106	2	
4602	Sweet, Rufus	50																					43								60	103	2	
5348	Sutherland, Laurence	51													49				49													98	2	
5162	Marsh, David	50						49																								96	2	
4945	Crain, Victor	54																							47							95	2	
2424	Coneybeare, Gerry	51							45																							94	2	
5367	Hart, Melvin	53		46		46																										92	2	
5351	Amirault, Norm	52											44			46																90	2	
5102	Browne, Robin	54																									49				49	1		
5011	Davidson, Mark	52		48																												48	1	
5421	Atwood, Del	54													48																	48	1	
2673	Leroux, Mike	50																														0	0	
3017	Morris, Steven	54																														0	0	
4401	Bolland, Eric	50																														0	0	
4639	McIsaac, Hugh	52																														0	0	
4679	Courish, Jeff	53																														0	0	
4692	Aikens, Carmen	50																														0	0	
4923	Saulnier, Ralph	53																														0	0	
5024	Naugler, Jamie	50																														0	0	
5278	Luke, Gareth	53																														0	0	
5295	Gibson, Earl	53																														0	0	
5378	Damiani, Dante	50																														0	0	
		40	4	6	2	6	3	3	9	1	4	1	8	2	3	5	3	5	1	3	9	5	3	1	4	2	2	2	4	2	2	13		



RNS Series Stats 2011

Males 55 to 59

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl	
4493	Oakes, Jeffrey	55			55	55	55		55		55		55		55	49									55	55				55		60	390	14	
4492	Kennedy, Pat	58	48			49								55			49															55	60	371	9
2643	Saunders, Steve	56	47		49			55	47				49										55							49	49	60	366	9	
4004	Cunningham, Adlai	58	55													55		55		55									55				330	6	
2782	LeDuc, John	58	44						43	48													49									60	291	6	
5397	MacIntyre, Ronnie	56								49													44		49				49			60	251	5	
4477	Boudreau, JP	58		55					49								55																208	4	
4906	McCormick, Myles	56							46									49								49						60	204	4	
5108	Goodwin, Arnie	56		48		48										48			49														193	4	
5380	O'Donnell, Craig	56	49	49						55																							153	3	
5374	White, Lawrence	56	45				49		44																								138	3	
4895	Reid, George	57																								55						60	115	2	
5031	Wood, Bryan	58									49												45										94	2	
4718	Huelin, Dave	59							45																		48						93	2	
499	Pearce, Mel	56																														60	60	1	
649	Williams, Ray	57																														60	60	1	
681	Moore, Steve	57																														60	60	1	
858	Stein, Mark	56																														60	60	1	
2732	Coulter, Doug	55																														60	60	1	
2916	Grimbly, Michael	55																														60	60	1	
4007	Lessard, Gerry	55																						55									55	1	
4789	Chase, Llew	59							48																								48	1	
4416	Jenner, Gary	56											48																				48	1	
1729	Rose, Wayne	59																											48				48	1	
4191	Archibald, Doug	59																						47									47	1	
4577	Arthur, Dave	55		47																													47	1	
698	Churchill, Freeman	58														47																	47	1	
4405	Callaghan, Paul	59	46																														46	1	
5384	Clevett, John	55																						46									46	1	
4999	Noonan, Jim	58		46																													46	1	
1461	Boudreau, Paul	55																															0	0	
4354	Sarginson, David	55																															0	0	
4399	Surette, Tim	55																															0	0	
4541	Kontak, Michael	56																															0	0	
4794	Vaughan, Peter	58																															0	0	
4899	Parker, Gerry	57																															0	0	
5106	Miller, John	56																															0	0	
		37	7	5	2	3	2	1	8	3	2	0	3	1	1	4	2	2	2	1	7	2	2	1	3	3	2	0	4	1	2	13			



RNS Series Stats 2011

Males 60 to 64

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer	
4564	Meister, Robin	61			55	55	55		55	55			55	55		55				55	55	55		55							60	390	15		
4476	Anderson, John	63			49	49		55	49		49		49					49				49		49	49	55		49			55	60	372	14	
4062	Reid, Phil	62	55		48			48									48	48		49		47		55	49	48	49	55			49	60	372	14	
509	Anderson, Chris	64				48		49	48				48		55	49	49			55		48							49			60	366	11	
608	Roblee, Bill	62	49	55		47			46		49		47		49	47				49						47		49				60	360	13	
596	Jessome, Mike	63	47	47	45		47						45			46						48		48		45	45				48	60	345	12	
4339	Edwards, Bob	63						47														46				46	48		46				281	6	
2163	Grant, Ken	62		48		46			45																	47			45				231	5	
2580	Richard, Richard	60									55								55						55				55				220	4	
4386	Mosher, Terry	63			47		49		47	49																							192	4	
1141	Boutilier, Roger	61				45																				44			44				180	4	
2980	Bates, Ray	62													47								49		48								144	3	
5359	Whyte, Robin	64	48									46										45											139	3	
3052	Pound, Joseph	60									55																	55					110	2	
2458	Kennedy, Leo	61																										48			60	108	2		
2575	Kaszor, Ron	63					46																									60	106	2	
3062	MacRae, Ian	60							43																						60	103	2		
4147	Cunningham, Fenton	61		49	46																												95	2	
4644	Chataway, Rick	64											44																47				91	2	
5386	Davis, Brian	64							44																		46						90	2	
4455	Woodbury, Frank	60	46																			44											90	2	
559	Patrick, David	60																														60	60	1	
629	Abriel, Perry	64																														60	60	1	
4610	Doiron, Brian	62																														60	60	1	
5078	Hopkins, Roy	62																														60	60	1	
5294	Veinot, Ted	61																														60	60	1	
1139	Chipman, Steve	61														48																48	48	1	
4663	Millward, Hugh	62					48																										48	48	1
5161	Churchill, Flint	61														45																	45	45	1
753	MacDonald, Greg	60														44																44	44	1	
4134	MacGregor, Clive	62							42																							42	42	1	
3	Balcom, James	62																															0	0	0
587	Banks, Wayne	64																															0	0	0
1469	Allen, Stephen	61																															0	0	0
4832	Kerr, Gerald	63																															0	0	0
5027	Margolian, Tim	63																															0	0	0
5347	Howe, Jim	60																															0	0	0
5419	Covert, Peter	64																															0	0	0
			38	5	4	6	6	5	4	9	2	2	2	7	1	4	7	3	4	2	2	7	3	2	3	3	7	6	2	7	2	3	14		



RNS Series Stats 2011

Males 65 to 69

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl	
595	Brake, Bob	69	55	49			55		55					55			55															49	60	384	8
4437	Oickle, David	69							48				55			55						49				55						55	60	377	7
539	Hollebone, Chris	68				49					55				55			55							55				55					324	6
4548	Stevenson, Ron	66		55		55																55							48					213	4
4259	MacEachern, Alex	65						49							49											55						60	213	4	
4673	MacDonald, Alan	67																			55						55							110	2
1446	Peverill, Ron	67	49		55																													104	2
2896	Robb, Hal	65							55						48																			103	2
2406	Walker, Grant	65																														60	60	1	
4797	Poroznuk, Jack	66		48																														48	1
497	Harpell, Jim	69																																0	0
501	Bruhm, Jerome	65																																0	0
586	Duffy, Bruce	65																																0	0
590	Warnica, Gordon	66																																0	0
600	Hannaberry, Ray	66																																0	0
1619	Jones, Gary	67																																0	0
2113	Anderson, Brian	65																																0	0
2956	Porteous, Nelson	68																																0	0
4198	Chancey, Ralph	67																																0	0
4239	Myers, Jim	68																																0	0
4440	Archibald, Tom	69																																0	0
4505	Northen, Lloyd	68																																0	0
4539	Zitner, David	68																																0	0
5126	Webb, Charles	65																																0	0
5183	Allaway, Brian	65																																0	0
5327	MacIntosh, Sandy	69																																0	0
5431	Davis, Dick	68																																0	0
			27	2	3	1	2	1	0	3	1	1	0	1	1	1	1	0	0	0	1	2	0	0	1	1	1	1	1	3	0	1	4		



RNS Series Stats 2011

Males 70 and over

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer	
1602	Pain, Malcolm	74	55	55			55		55					55																			60	390	9
3064	Rideout, John	74	49				49		49		55				55							55		55									60	378	8
606	Robertson, Arnold	80		49		49			48				49			55										55						55		360	7
5346	Davis, Ralph	71				55									55														49				159	3	
2183	King, Brian	72																				55										60	115	2	
4630	Pothier, George	74																	55										55				110	2	
732	Harmes, Tom	70																														60	60	1	
541	Porter, Eric	94																															0	0	
568	Nixon, Murray	76																															0	0	
686	Smith, Les	79																																0	0
913	Young, Rex	73																																0	0
2242	MacDonald, Jack	71																																0	0
			12	2	2	0	2	2	0	3	0	1	0	2	1	1	1	1	0	1	1	1	0	1	0	1	0	0	0	0	2	1	1	4	