

RNS Series Stats 2010

Males under 20

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer
4858	Damiani, Ozzie	14			55				55								55																385	9
5230	Wagner, Jonathan	13			49				49					55	55		49										49	55					257	5
5135	Murphy, Ryan	13	55				55		47																								157	3
4581	Fuller, Ryan	14																								55						60	115	2
4670	Patterson, Liam	14		55	48																												103	2
4433	Rogers, Jamie	17																					49										49	1
4719	Huelin, Ryan	15																				49											49	1
5077	Fuller, Jesse	9							48																								48	1
5296	Keddy, Lucas	9																								48						48	1	
4458	Fraser, Corey	19																															0	0
4459	Fraser, Bailey	11																															0	0
4754	MacDonell, Cole	16																															0	0
4817	Lagin-Nasse, Jonah	6																															0	0
4825	Cain, Makell	13																															0	0
4977	Keefe, Henry	6																															0	0
4978	Keefe, Darcy	4																															0	0
5057	MacVicar, Keegan	6																															0	0
5058	MacVicar, Kaleb	4																															0	0
5167	Kachan, Elliott	8																															0	0
5301	Nolan, Dennis	16																															0	0
			20	1	1	3	0	1	0	4	0	0	0	1	1	0	0	2	0	0	1	2	2	1	0	0	3	1	0	0	0	0	0	1

RNS Series Stats 2010

Males 20 to 24

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer	
4943	Coneybeare, Allan	21					55		55																									220	4
4625	MacIntyre, Ian	24								55																		55				60	170	3	
5225	Piggot, Brad	20	55	55																														110	2
5226	Piggot, Matt	20	49	49																														98	2
5202	Cody, Duncan	24																			55													55	1
5304	Taverner, Jake	22																												55			55	1	
4352	Sarginson, Nick	22																																0	0
4979	Gallai, Evan	22																																0	0
5095	Costelo, Christopher	23																																0	0
5114	Coneybeare, John	22																																0	0
			10	2	2	0	0	1	0	1	1	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	1	0	1	0	1	0	1		

RNS Series Stats 2010

Males 25 to 29

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer	
4778	McBride, Nick	28		48			49		49							49																	60	353	7
5250	Hennigar, Toby	26					55		55							55																		275	5
5164	Coffin, Paul	28																					55		55		55			55				220	4
5159	MacDougall, Jacob	27					48										55										49						152	3	
4129	Atwell, Patrick	26	49	49					48																									146	3
4707	Reddy, Tyler	27	55	55																														110	2
5154	Hannam, Matt	28																										55						55	1
5234	Cormier, Andrew	28							47																									47	1
4997	Lawrence, Ryan	28																																0	0
5130	McMasters, Matthew	27																																0	0
5241	Robar, Nathan	27																																0	0
			11	2	3	0	0	3	0	4	0	0	0	2	0	0	2	1	0	0	0	2	0	1	0	1	0	2	1	0	1	0	1		

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer	
4576	Duguay, Tim	31		55		49	49		55		49			49											55		55						60	390	11
5097	Warren, Ronald	32					47			55				48	49						49				49		49	55						354	8
4962	Clark, Colin	30					48		49												55	49				49						55		305	6
5101	Hayami, Douglas	32				55	55							55	55	55																		275	5
5259	Brady, Ryan	33							47												48	48						48						191	4
4826	McLellan, Tom	32						55			55		55																					165	3
5231	Jewer, Robert	32	55																							55							110	2	
4973	Juurlink, Mike	32																										49			60	109	2		
5268	Roberts, Corby	33							48																			49					97	2	
4734	Powe, Ryan	30																														60	60	1	
4711	Girard, JP	33																												55		55		1	
5286	Tetford, Joey	32																											55			55		1	
5120	Lovett, Ben	34									48																						48		1
5073	McDonnell, Sean	31																															0	0	
5110	Chambers, Rob	33																															0	0	
5137	Pothier, Phil	32																															0	0	
5151	Roberts, Chuck	30																															0	0	
5170	Crouse, Darrell	30																															0	0	
5262	Lysyk, Chris	31																															0	0	
5285	Beaton, Shawn	33																															0	0	
			20	1	1	0	2	4	1	4	1	3	0	1	3	2	1	0	1	0	3	3	0	0	0	2	2	2	3	2	1	1	3		

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Louisbourg Race Through Time 8 Miler	Digby Scallop Days 5K	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer	
4297	Vincent, Doug	35	55	55			55		55													55	55									60	390	9	
4177	Fiander, Brent	38	49	47			48		45		48						49									48								334	7
4394	Albright, Marco	37		49					49							49			55				49						55				306	6	
5209	Hanlon, Andrew	39					49				55						55					48				49			49				305	6	
4953	Mercer, Jason	35			55				47				49												48	47			45				291	6	
4075	MacLean, Christopher	39	48	46					48	49												47											238	5	
4343	Holder, David	35					55																		55	55						60	225	4	
1033	Holdway, Ian	35									55											49			55								159	3	
5181	Shiple, Chris	37									49			55	55																		159	3	
4901	Fleming, Troy	38										48						55									46						149	3	
4236	Dionne, Louis	39																		49		45						44				138	3		
5261	Morris, Blair	35																				44			49			42					135	3	
2553	Kruszewski, Vance	39				55														55													110	2	
4975	Keefe, David	36		48						55																							103	2	
5104	Mason, Scott	36									47																	55					102	2	
5117	Thibault, Aaron	35																				46								55			101	2	
2601	MacLeod, Farley	38				49																			49								98	2	
5146	Earle, Steve	38									48																		47				95	2	
4929	Friars, Andrew	37															48												46				94	2	
5274	Dunbar, Greg	38																			48					45							93	2	
4359	Roberts, Michael	35									49																		43				92	2	
5272	Johnston, Colin	36						46			46																						92	2	
5111	Cyr, Jim	38						44																					41				85	2	
5149	Gallagher, Kevin	36																	49														49	1	
5283	Deacoff, Cameron	36																											48				48	1	
5189	Taylor, Matthew	35									45																						45	1	
4167	Connor, Greg	36																															0	0	
4378	Tweedale, Fergus	39																															0	0	
4594	Eno, Shane	38																															0	0	
4898	Lavigne, Patrick	36																															0	0	
5030	Hache, Chris	39																															0	0	
5090	Sullivan, Chris	35																															0	0	
5213	Cooper, Louis	39																															0	0	
5257	Hill, Antony	39																															0	0	
5288	French, Mike	38																															0	0	
5298	Jabour, Tony	39																															0	0	
5303	Tully, Dan	36																															0	0	

37	3	5	1	2	3	1	7	2	6	3	3	1	1	2	3	1	2	3	7	2	0	2	3	6	0	1	10	1	0	2
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RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer	
4119	Bardeesy, Rami	41					55		55																								60	390	7
4985	Dacanay, Andrew	41						55			55				55	49							49		55				55					373	7
4469	Murphy, Rene	43	45				48		47					55			55										49			47				346	7
4360	Saulnier, Patrick	43		49		55										47	49						49					55						304	6
4472	Moore, John	43		55					49				49			55							55											263	5
5175	Tibert, Ron	40						46		45								49				47											60	247	5
4907	Boutilier, Tim	42	47								49																		49		55			200	4
2954	Timberlake, Gavin	43	48								55												55											158	3
4523	McNeill, Roy	43									46																	49					60	155	3
4487	Steeves, David	40						48			47											48												143	3
4944	McDormand, Ian	41		47							47					46																		140	3
4269	Maltby, Neil	42																			55										49			104	2
5194	Stack, Michael	40					47																				55							102	2
4921	Farrell, Daniel	40									48				49																			97	2
4465	Bulger, Daniel	42		48																							48							96	2
4613	Shantz, Eric	41														48													48					96	2
5055	MacVicar, Andrew	41								49												46												95	2
4097	Rothenburg, Mike	40	44																		49													93	2
5051	Tomlin, Ray	42									44			49																				93	2
4471	Wilson, David	42																							55									55	1
4703	Kachan, David	43								55																								55	1
5017	Brittain, Marc	41	55																															55	1
4468	Young, John	41																																49	1
4768	Donovan, Doran	43									49																							49	1
5032	Canning, Andrew	40	49																															49	1
5182	Stevenson, Kurt	41					49																											49	1
4585	Kiley, Gordon	41									48																							48	1
5292	Thomson, George B.	42																										47						47	1
5105	Cotie, Tyrone	42	46																															46	1
2787	Niedermayer, Richard	41																																0	0
4519	Vidito, Victor	43																																0	0
4683	MacIsaac, Andrew	42																																0	0
4771	Rath, Duane	44																																0	0
4801	Bardua, Darrell	42																																0	0
5071	MacLean, John R	44																																0	0
5084	Kelty, Andrew	40																																0	0
			36	7	4	0	1	4	1	5	2	7	4	2	2	2	5	2	2	0	2	5	2	1	2	1	4	1	2	4	0	2	3		

RNS Series Stats 2010

Males 45 to 49

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races Incl Volunteer			
5043	Gallant, Paul	47	55	48	55		55		49			48	48	55	48	55									49	55	55	48					385	16			
3061	Thain, Jim	47				49	47		48	55				49	47		49															55	60	372	12		
4706	McKay, Dion	46	46	45	49	48	49		47			46	47	46			48										48						60	349	12		
5219	Corkum, Derrick	46		46		47	48		44				46		44		47											49						332	10		
5033	DiMattia, Dino	46	41				46		41				45	44		48	46															48		330	11		
4263	MacDougall, Ron	45	45					48						48	46															48	49			327	7		
4496	Chipman, Richard	49		40				46						43												45		47				46		304	7		
5024	Naugler, Jamie	49					47					47		47																	49			282	6		
4957	Morgan, William	47		41			45																											259	6		
986	Pettipas, Mike	47							43	47						49													49				60	248	5		
2842	Allen, Jeff	49							40	48				45																			47		226	5	
5128	Tulloch, Kevin	47										49			49																				208	4	
5243	Jones, Greg	47								49																									199	4	
4451	Fitzsimmons, Michael	47	49				49																												193	4	
4693	Fuller, Jonathan	45		44		46			46																										185	4	
4822	MacDonald, Scott	48	43									46																							182	4	
4764	McGrath, Richard	47										45			43																				178	4	
5122	Nolan, Danny	48	42									45			42																				171	4	
2844	Moorehead, Ray	47							55																									60	170	3	
4331	Hipson, Randall	47	48				55																												60	163	3
4029	Brill, Louis	47											49																						153	3	
5228	Myles, Wayne	48		47													55																		151	3	
5041	Graham, Doug	45										49			45																				140	3	
4427	Goudey, Curt	48		42								48			47																				137	3	
2927	Middelveen, Tom	46	43			45			45																										133	3	
5131	Deveau, Kevin	48																																	131	3	
5162	Marsh, David	49		39																															129	3	
5079	Tannahill, Darrell	47							39			44																							119	3	
1692	MacLennan, David	47										55			55																				110	2	
5018	Murray, Steven	46		55									55																						110	2	
3012	Laberge, Pierre	48		49		55																													104	2	
5263	McCord, Bob	47										55																							94	2	
5279	Kennedy, Scott	47																																	94	2	
4538	Bowen, Bruce	47																																	89	2	
5277	Grabosky, Peter	47																																	84	2	
5193	Andreou, Pantelis	49											44																						82	2	
2948	Neynens, Harry	46																																	60	60	1
4788	Coffin, Greg	48																																	60	60	1
647	Erjavec, Luc	47																																	55	1	
4591	Abbott, Stephen	48																																	55	1	
4675	MacIntyre, D'Arcy	45																																	55	1	
4725	Schumph, Steve	46																																	55	1	
4692	Aikens, Carmen	49				48																													48	1	
186	Fisher, Barry	49																																	47	1	
5211	Ferguson, Craig	48										47																							47	1	

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer	
5224	Piggot, Kevin	49	47																															47	1
4006	Moore, Terry	47																															45	45	1
4560	Smith, Ian	45																						45										45	1
4179	Huxtable, John	47	44																															44	1
5085	Pelletier, Perry	48									44																							44	1
4793	Fancy, Leroy	47							42																									42	1
4688	Brennan, Tim	48	40																															40	1
4809	Monahan, Shawn	46																											40					40	1
1464	Arnold, David	48																																0	0
1780	Atkins, Bernie	47																																0	0
2673	Leroux, Mike	49																																0	0
4401	Bolland, Eric	49																																0	0
4460	Smith, Chris	45																																0	0
4474	Cashen, Chris	46																																0	0
4582	McElroy, Phil	47																																0	0
4602	Sweet, Rufus	49																																0	0
4938	Graham, Gordon	45																																0	0
4940	Frame, Barry	47																																0	0
4966	Bishop, Brad	47																																0	0
4998	LePage, Tony	48																																0	0
5087	Arsenault, Alan	48																																0	0
5093	Stacey, Jamie	47																																0	0
5116	Burns, Gary	45																																0	0
5156	MacDonald, Luke	46																																0	0
5177	Roberts, Bruce	45																																0	0
5214	Green, Robert	45																																0	0
5220	Hawkins, John	48																																0	0
5247	Browne, Scott	46																																0	0
5297	Boxall, James	47																																0	0
			74	11	12	3	6	6	5	12	4	7	7	7	8	9	4	5	1	1	2	16	3	3	6	6	6	4	6	12	3	6	7		

RNS Series Stats 2010

Males 50 to 54

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer
4639	McIsaac, Hugh	51	55	49			55		55				55			55				55	55				55							60	390	10
4233	Melloy, Terry	51		55	55	55	49		49				49			49			55			55			55	49			55		60	390	13	
4493	Oakes, Jeffrey	54		47	47			55	47		49		48		55				49			48	49		55	47	49		49	49	60	372	16	
5102	Browne, Robin	53	49		49		47		48								55													55	60	363	7	
493	Morris, Terry	53		48	48			48	46		48		47										55		49				49		60	357	10	
5053	Misener, Randy	53		42	46	49		45	40		46				49	47		49					47		47	43					60	348	13	
4295	Banks, Roy	50		46				49	45			55	46							48						46			47			60	337	8
2732	Coulter, Doug	54		44					42	55				48								43				44					60	336	7	
2424	Coneybeare, Gerry	50		45			46		43				45				48			47	45		48		45			48				327	10	
1617	Robertson, David	53		40		48			39				43				47					39		49		42			46	48		323	10	
1019	Nevitt, David	51																		49	49				48	55		55			60	316	6	
4621	MacIntyre, Scott	53	47								47											47		49							60	250	5	
5158	Gilbert, Mel	52	48					47						55							48											198	4	
4661	Thomson, John	54					46				48								47										48			189	4	
4945	Crain, Victor	53																48				50						47			145	3		
5267	Morhead, Barry	52							41													44			48						133	3		
4679	Courish, Jeff	52					48				55																				103	2		
4643	Mossman, Roderick	52											44					55													99	2		
4993	Robb, Glenn	50																					46				48				94	2		
4007	Lessard, Gerry	54									49											42									91	2		
5295	Gibson, Earl	52																									47	44			91	2		
5245	Hart, Melvin	52																							41		49				90	2		
5218	Surette, Chris	50		41											48																89	2		
3001	Lane, Brian	52																					41					46			87	2		
2480	Whynot, Clarence	51																													60	60	1	
4923	Saulnier, Ralph	52																													60	60	1	
5011	Davidson, Mark	51																													55	55	1	
2559	Heintzman, Paul	52															49														49	49	1	
4690	Meagher, Keith D	51												49																	49	49	1	
5196	Fahey, John	50									47																				47	47	1	
4689	Rogers, Tom	53																											45		45	45	1	
554	Crowell, Gordie	54							44																						44	44	1	
4577	Arthur, Dave	54		43																											43	43	1	
5216	Kelly, Peter	53																					38								38	38	1	
607	McNeill, Lonnie	53																													0	0	0	
1461	Boudreau, Paul	54																													0	0	0	
2351	Hennigar, Deane	51																													0	0	0	
2796	Duggan, Brian	54																													0	0	0	
2916	Grimbly, Michael	54																													0	0	0	
4399	Surette, Tim	54																													0	0	0	
5132	MacDonald, Donald	51																													0	0	0	
5133	Langille, Jamie	50																													0	0	0	
5278	Luke, Gareth	52																													0	0	0	
5281	Meery, Darrell	52																													0	0	0	

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RNS Series Stats 2010

Males 55 to 59

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer	
4492	Kennedy, Pat	57	49	48	49	55			49					55		49								55			55	55			55	60	390	12	
4818	O'Donnell, Craig	55		55	55			55			49								49								55						60	378	7
2643	Saunders, Steve	55			48	49					47		49		55																		60	356	7
5200	Cody, Kevin	58							44		43								47						46		46		49					275	6
4776	MacDonald, Patrick	58								49													55			47				46		49		246	5
4477	Boudreau, JP	58						55					55				55										49							214	4
4405	Callaghan, Paul	58	48	49							55																			55				207	4
4999	Noonan, Jim	57						46					48				48										48							190	4
4004	Cunningham, Adlai	57	55																		55								55					165	3
4354	Sarginson, David	55		47												49							55											151	3
4455	Woodbury, Frank	59	47																			44										60	151	3	
4906	McCormick, Myles	55									46															49		55						150	3
4718	Huelin, Dave	58									44															48			48					140	3
3062	MacRae, Ian	59						45																								60	105	2	
3052	Pound, Joseph	59									55																			49				104	2
2580	Richard, Richard	59																	55											48				103	2
5108	Goodwin, Arnie	55														55		48																103	2
4191	Archibald, Doug	58									45											55												100	2
5254	Cox, Kevin	57						49																		49								98	2
4449	Harrigan, Michael	57															47														48			95	2
4789	Chase, Llew	58						47																						47				94	2
4416	Jenner, Gary	55	46										47																					93	2
4899	Parker, Gerry	56									42												45											87	2
499	Pearce, Mel	55																															60	60	1
559	Patrick, David	59																															60	60	1
681	Moore, Steve	56																															60	60	1
858	Stein, Mark	55																															60	60	1
4304	Coffin, Steven	56																															60	60	1
5092	Grandy, David	56								55																								55	1
4960	Baker, Larry	55																												49				49	1
698	Churchill, Freeman	57														48																		48	1
5106	Miller, John	55									48																							48	1
5031	Wood, Bryan	57																					47											47	1
1729	Rose, Wayne	58		46																														46	1
753	MacDonald, Greg	59																																0	0
1411	Robichaud, Etienne	57																																0	0
2283	Freeman, Kevin	56																																0	0
2782	LeDuc, John	57																																0	0
4541	Kontak, Michael	55																																0	0
4708	Toews, Derryl	57																																0	0
4794	Vaughan, Peter	57																																0	0
4895	Reid, George	56																																0	0

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RNS Series Stats 2010

Males 60 to 64

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer	
4564	Meister, Robin	60		55	55		55		55	55			55	55	55	55				55				55			55				55	60	390	16	
4476	Anderson, John	62		49	49	55	49		49		55		49	49	49	49		55				55			55	49	55						60	390	16
509	Anderson, Chris	63	49			49		55		48		55	48		48		48		55		49					48				55			60	378	13
4386	Mosher, Terry	62		47			48		46					48	46		49			48					48		49		55		49	60	358	12	
4062	Reid, Phil	61	48	48	48	48		47	47		49		47		47	48	55			49	48										48	60	357	15	
608	Roblee, Bill	61	47	45	47	47			40		47		44	47		46			49			49				46		49				60	348	14	
4339	Edwards, Bob	62		46				48		45		48				47					46				47				49		47	60	346	10	
596	Jessome, Mike	62	44				47		43				43				46										45		47			46	60	335	9
2163	Grant, Ken	61	46	44		46			42											47	45											60	330	7	
2575	Kaszor, Ron	62	45	43		45		45	44		44										44				44							60	327	9	
4259	MacEachern, Alex	64			46												47								45		48					60	246	5	
5239	Swain, John	62				44		44		48											42								48				226	5	
1141	Boutilier, Roger	60									43							48								43			47				222	5	
5161	Churchill, Flint	60											42			45											44						131	3	
4610	Doiron, Brian	61								49																						60	109	2	
2113	Anderson, Brian	64						49																	49								98	2	
4147	Cunningham, Fenton	60											46					49															95	2	
4832	Kerr, Gerry	62								46				46																			92	2	
2896	Robb, Hal	64									46					45																	91	2	
4644	Chataway, Rick	63						46					45																				91	2	
2980	Bates, Ray	61																							46								90	2	
4390	Patterson, Sandy	63									45					43																	88	2	
4836	O'Neil, Dave	60							39	47																							86	2	
3	Balcom, James	61																															60	60	1
586	Duffy, Bruce	64																															60	60	1
629	Abriel, Perry	63																															60	60	1
878	Mills, Bill	64																															60	60	1
2406	Walker, Grant	64																															60	60	1
5078	Hopkins, Roy	61																															60	60	1
2458	Kennedy, Leo	60	55																														55	1	
5126	Webb, Charles	64																											48				48	1	
4663	Millward, Hugh	61																				47											47	1	
5294	Veinot, Ted	60																									47						47	1	
4787	Diggins, Barry	64																				43											43	1	
4134	MacGregor, Clive	61							41																								41	1	
501	Bruhm, Jerome	64																															0	0	
587	Banks, Wayne	63																															0	0	
1469	Allen, Stephen	60																															0	0	
4517	Corkum, Dale	61																															0	0	
4847	MacDonell, Daniel	61																															0	0	
5027	Margolian, Tim	62																															0	0	
5183	Allaway, Brian	64																															0	0	

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RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Half Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer	
595	Brake, Bob	68	55	49			55		55				55				55	55															60	390	8
539	Hollebone, Chris	67				55		55			55													55		55		49						324	6
4548	Stevenson, Ron	65		55																		55			55		55							220	4
4437	Oickle, David	68		48					48				49																				60	205	4
4239	Myers, Jim	67	49		55															55														159	3
2956	Porteous, Nelson	67			49			49																	49									147	3
4797	Poroznuk, Jack	65		47					49																			48						144	3
4673	MacDonald, Alan	66																			55						55							110	2
732	Harmes, Tom	69																															60	60	1
4505	Northen, Lloyd	67								55																								55	1
1446	Peverill, Ron	66	48																															48	1
497	Harpell, Jim	68																																0	0
590	Warnica, Gordon	65																																0	0
600	Hannaberry, Ray	65																																0	0
1619	Jones, Gary	66																																0	0
4198	Chancey, Ralph	66																																0	0
4273	Smith, Stuart	69																																0	0
4440	Archibald, Tom	68																																0	0
4539	Zitner, David	67																																0	0
			19	3	4	2	1	1	2	3	1	1	0	2	0	0	0	1	1	0	1	1	1	0	0	2	1	1	1	3	0	0	3		

RNS Series Stats 2010

Males 70 and over

RNS #	Name	Age	Lung Run 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Enfield Penguin 5K	Enfield Penguin 10 Miler	Lunenburg 5 K	Johnny Miles 10K	Johnny Miles Half Marathon	Johnny Miles Marathon	Liverpool 5 Miler	Amherst Cross Border 10K	Pictou Run for the Lobsters 10K	Sheila Poole 10K	Windsor 5K	Nova Scotia Half Marathon	Nova Scotia Marathon	MacPass Miles	Dartmouth Natal Day 6 Miler	Digby Scallop Days 5K	Louisbourg Race Through Time 8 Miler	Cobequid Trail 10K	Cobequid Trail Marathon	Berwick Gala Days 5 Miler	Cole Harbour 6 Miler	Valley Harvest 10K	Valley Harvest Half Marathon	Valley Harvest Marathon	NSAC 5K	Volunteer	Best 7 Total Points	# of Races incl Volunteer	
1602	Pain, Malcolm	73				55		55	55				49				55	55		55													60	390	8
606	Robertson, Arnold	79		55		49			48				48				49									49						55	353	7	
3064	Rideout, John	73					55		49					55						49						55	55						318	6	
4630	Pothier, George	73											55					55														60	170	3	
2183	King, Brian	71																			55											60	115	2	
686	Smith, Les	78							47																							47	1		
541	Porter, Eric	93																														0	0		
568	Nixon, Murray	75																														0	0		
913	Young, Rex	72																														0	0		
2242	MacDonald, Jack	70																														0	0		
4396	Ryan, Les	78																														0	0		
			11	0	1	0	2	1	1	4	0	0	0	3	1	0	0	2	1	1	2	1	0	0	0	0	2	1	0	0	0	0	1	3	