

RNS Series Stats 2009

Females under 20

RNS #	Name	Age	Dalhousie		Bridgewater		Enfield		Johnny		Amherst		Pictou			Nova		MacPass		Dartmouth		Louisbourg		Berwick		Valley		Valley		Best 7 Total	# of Races incl Volunteer		
			Spring Tune-Up 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Penguin 5K	Penguin 10 Miler	Lunenburg 5 K	Miles 10K	Miles Half	Miles Marathon	Liverpool 5 Miler	Cross-Border 10K	Run for the Lobster 10K	Sheila Poole 10K	Windsor 5K	Marathon	Marathon	Bridge Mile	Natal Day 6 Miler	Scallop Days 5K	Race Through Time 8 Miler	Cobequid Trail 10K	Gala Days 5 Miler	Cole Harbour 10K	Fiddlers Half Marathon	Fiddlers Marathon	Harvest Marathon			Harvest Half Marathon	NSAC 5K
4857	Damiani, Molly	16			55					49				55							49	55		49						361	7		
4678	Mosgrove, Sage	10	47		48		47			43				47																55	60	347	7
4444	Edwards, Sarah	17	55				55			55										55											275	5	
4695	Marlin, Sarah	11					46			44											49									60	199	4	
5044	Lapensee, Danielle	17					48			46								55													149	3	
5061	Thomas, Sarah	17												55										55							110	2	
4709	Worden-Rogers, Norma Jean	18			49					48																					97	2	
4694	Fuller, Darcy	12								45				48																	93	2	
4623	MacIntyre, Heather	17					49																								49	1	
4959	Crowe, Danielle	18	49																												49	1	
4980	Sinclair, Emily	16								48																					48	1	
4968	Harris-Shanks, Leah	13								47																					47	1	
4353	Sarginson, Amy	18																													0	0	
4624	MacIntyre, Emma	14																													0	0	
4696	Marlin, Lauren	14																													0	0	
4812	Hillis, Helen	11																													0	0	
4893	Hall-Sawler, Danielle	17																													0	0	
4897	MacIntyre, Cassie	7																													0	0	
4936	Black, Paige	16																													0	0	
4972	Smith, Maggie	10																													0	0	
4976	Keefe, Ella	7																													0	0	
5034	DiMattia, Sabrina	12																													0	0	
5080	Bishop, Emily	14																													0	0	
5082	Bishop, Rachel	12																													0	0	
5083	Bishop, Colleen	9																													0	0	
5098	Clark, Madison	13																													0	0	
			26	4	0	3	0	5	0	8	0	0	0	1	0	1	0	4	0	0	1	2	2	0	0	2	0	0	0	0	0	1	2

RNS Series Stats 2009

Females 25 to 29

RNS #	Name	Age	Dalhousie		Bridgewater		Enfield		Enfield		Johnny Johnny		Johnny Johnny		Amherst		Pictou		Nova Scotia		Nova Scotia		MacPass		Dartmouth		Digby		Louisbourg		Berwick		Cole		Fiddlers		Fiddlers		Valley		Valley		Best 7 Total	# of Races incl Volunteer
			Spring Tune-Up	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Penguin 5K	Penguin 10 Miler	Lunenburg 5 K	Miles 10K	Miles Half	Miles Marathon	Liverpool 5 Miler	Cross-Border 10K	Run for the Lobster 10K	Sheila Poole 10K	Windsor 5K	Marathon	Marathon	Bridge Mile	Natal Day 6 Miler	Scallop Days 5K	Race Through 8 Miler	Cobequid Trail 10K	Gala Days 5 Miler	Harbour 10K	Half Marathon	Marathon	Marathon	Harvest Marathon	Half Harvest Marathon	Harvest Marathon	NSAC 5K	Volunteer										
4964	McBride, Meghan	25	55	48		49				55							49																						311	6				
4996	McInnes, Caroline	28		55		55				55							55																							220	4			
5003	Knickle, Janelle	27			55					48							55					55																		213	4			
4932	O'Donnell, Heather	29		49									55																												159	3		
4909	Chambers, Amanda	28		47		48				47																															142	3		
4920	Abriel-Sangster, Mary	29	48							46																															141	3		
4814	Riley, Gabrielle	29										55																													110	2		
5047	Spurr, Alison	26								49																																98	2	
5070	d'Entremont, Heather	28															48					49																				97	2	
4391	Gillis, Erin	27																								55																55	1	
5054	Hinkley, Tanya	25																																								55	1	
4379	Whatley, Laura	28										49																															49	1
4727	McNamara, Meaghan	25	49																																								49	1
5125	Rose-Muise, Krissy	29																																									48	1
4839	MacIvor, Jennifer	29																																									0	0
4917	Molloy, Krystle	27																																									0	0
4939	Hilsley, Robyn	29																																									0	0
5000	Spence, Cindy	29																																									0	0
5060	Riley, Allison	26																																									0	0
5067	LaPierre, Marissa	26																																									0	0
5089	Boyer, Valerie	25																																									0	0
5100	Marcotte, Leslie	27																																									0	0
5124	Rose-Goodwin, Nancy	33																																									0	0
			23	3	4	1	0	3	0	5	1	2	1	0	0	0	0	3	1	0	0	0	0	1	2	0	0	1	0	0	1	0	1	0	4	1	0	0						

RNS #	Name	Age	Dalhousie		Bridgewater		Enfield		Enfield		Johnny		Johnny		Johnny		Amherst		Pictou		Sheila		Nova		Nova		MacPass		Dartmouth		Digby		Louisbourg		Berwick		Cole		Fiddlers		Fiddlers		Valley		Valley		Best 7 Total	# of Races incl Volunteer			
			Spring Tune-Up 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Penguin 5K	Penguin 10 Miler	Lunenburg 5 K	Miles 10K	Miles Half	Miles Marathon	Liverpool 5 Miler	Cross-Border 10K	Run for the Lobster 10K	Sheila Poole 10K	Windsor 5K	Marathon	Marathon	Bridge Mile	Natal Day 6 Miler	Scallop Days 5K	Race Through Time 8 Miler	Cobequid Trail 10K	Gala Days 5 Miler	Harbour 10K	Half Marathon	Half Marathon	Harvest Marathon	Harvest Marathon	NSAC 5K	Volunteer	Points	Volunteer																	
4318	Jabbour, Leah	33								55		55										55			49																	60	329	6							
4340	Fox, Dana	33	55				55	49														49																							257	5					
4301	Carreau, Lavinia	31							55			55																		55																220	4				
4481	Lagin-Nasse, Julianna	30																							55																						165	3			
4903	AuCoin, Jaymie	31										48																		49									55								152	3			
4922	Beardy, Kristie	34								48		49																																			145	3			
5007	Sedgwick, Stephanie	33	49							49																																					144	3			
4716	Brown, Kristina	33																55																														110	2		
4974	Juurink, Alexis	30										49																																			60	109	2		
4949	Hatfield, Jaime	30																					55																									103	2		
4946	Sveinson, Rose	32								55																																						55	1		
5119	Lovett, Kate	32																																															49	1	
5006	Mosher, Rebecca	31								47																																								47	1
5112	Ellis, Jennifer	33																																																47	1
2975	Tully-Knockwood, Amelia	34																																															0	0	
4139	MacDonald, Denise	34																																															0	0	
4587	Alexander, Adrienne	32																																															0	0	
4896	Melanson, Crystal	34																																															0	0	
4900	Brinston, Arlene	31																																															0	0	
5035	Vienneau, Nancy	34																																															0	0	
5046	Andrews, Tara	31																																															0	0	
5063	Taylor, Christina	30																																																0	0
5118	Thibault, Erin	30																																																0	0

23 2 5 0 1 2 0 3 2 3 0 0 1 1 1 2 0 0 2 1 0 2 0 1 0 1 0 1 0 4 1 0 2

RNS Series Stats 2009

Females 35 to 39

RNS #	Name	Age	Dalhousie		Bridgewater		Enfield		Johnny		Amherst		Pictou		Nova		MacPass		Dartmouth		Louisbourg		Berwick		Fiddlers		Valley		Valley		Best 7 Total	# of Races incl	
			Spring Tune-Up	Greenwood	Field of Dreams 5K	Wolfville 8 Miler	Penguin 5K	Penguin 10 Miler	Lunenburg 5 K	Miles 10K	Miles Half	Miles Marathon	Liverpool 5 Miler	Cross-Border 10K	Run for the Lobster 10K	Sheila Poole 10K	Windsor 5K	Marathon	Marathon	Bridge Mile	Natal Day 6 Miler	Scallop Days 5K	Race Through 8 Miler	Cobequid Trail 10K	Days 5 Miler	Cole Harbour 10K	Half Marathon	Marathon	Harvest Half	Harvest Marathon			NSAC 5K
4227	Davidson, Selena	36		48	55	49				46	48			48																60	357	8	
4816	King, Tanya	37	55			55		48	47			55		48						48							45				356	9	
5010	Hill, Rayleen	36		55				55		49				55						55											324	6	
4232	Gregoire, Marie-Claude	35						55											49		49		49	55						48	305	6	
4456	Carter, Cathy	38				49			48						55											48			60	260	5		
4554	Caldwell, Hazel	39									55									55						55			55	220	4		
4533	Chesnutt, Stacy	38						49			48																	49	49	195	4		
4676	MacNeil, Tawnya	35									47															49	47		47	190	4		
4942	MacDonald, Angela	39		45										55															60	160	3		
5004	Goodfellow, Heather	36								55	55			49																159	3		
4714	Johnston, Katrina	35							45	47																		60	152	3			
4963	Munro, Jennifer	36									43			47																124	3		
4559	LeBlanc, Lyse	35																			55				55					110	2		
4612	Comeau-Shantz, Reanne	35							49					55																104	2		
4791	Reardon Keefe, Laura	36									49																			104	2		
4984	Cook, Catherine	38		49																					48			55		97	2		
4955	Lowe, Holly	35												49															46	95	2		
3085	Caswell, Stacey	36																											60	60	1		
4958	Abriel, Andrea	38		47																										47	1		
4888	Travis, Maggie	37		46																										46	1		
4930	MacNeil, Tracy	38												46																46	1		
4872	Williatte-Battet, Jennifer	36												44																44	1		
4965	MacDonald, Christy	38																												43	1		
707	Fry, Joanne	37																												0	0		
4355	Fisher, Lisa	38																												0	0		
4578	Mercier, Tammy	39																												0	0		
4615	MacDonald, Mary Elizabeth	38																												0	0		
4658	Driscoll, Wendy	38																												0	0		
4684	Goulden, Patricia	35																												0	0		
4738	Bent-Joudrey, Shelley	36																												0	0		
4829	Miles, Kathleen	36																												0	0		
4905	Carey, Colleen	38																												0	0		
4935	Black, Shannon	39																												0	0		
4952	Wilson, Lesley	38																												0	0		
4954	Mercer, Gail	35																												0	0		
4969	Hambly-Wile, Malana	36																												0	0		
5056	MacVicar, Sherry	37																												0	0		
5072	Mabley-Chaisson, Tamara	38																												0	0		
5096	Warren, Jacki	36																												0	0		
5099	Jarvis, Sherry	38																												0	0		
5103	Campbell, Lori	39																												0	0		
5136	Holleman, Jennifer	39																												0	0		
			42	1	6	1	2	2	3	6	4	8	0	2	0	4	3	1	1	0	0	3	0	1	2	3	1	1	2	8	0	4	5

RNS Series Stats 2009

Females 45 to 49

RNS #	Name	Age	Dalhousie		Bridgewater		Enfield		Enfield		Johnny Johnny		Johnny Johnny		Amherst		Pictou		Nova Scotia		Nova Scotia		MacPass		Dartmouth		Digby		Louisbourg		Berwick		Fiddlers		Valley		Valley		Best 7 Total	# of Races incl Volunteer
			Spring Tune-Up 5K	Greenwood ZX 10K	Field of Dreams 5K	Wolfville 8 Miler	Penguin 5K	Penguin 10 Miler	Lunenburg 5 K	Miles 10K	Miles Half	Miles Marathon	Liverpool 5 Miler	Cross-Border 10K	Run for the Lobster 10K	Sheila Poole 10K	Windsor 5K	Marathon	Marathon	Bridge Mile	Natal Day 6 Miler	Scallop Days 5K	Race Through Time 8 Miler	Cobequid Trail 10K	Gala Days 5 Miler	Cole Harbour 10K	Fiddlers Half Marathon	Fiddlers Marathon	Valley Harvest Marathon	Valley Harvest Half Marathon	NSAC 5K	Volunteer	Points							
2915	Falkenham-Boutillier, Peggy	49		55	55	55	55	55		49		55		55		55	55	55					55													60	390	15		
2158	Holland, Nancy	48	55	49		49		47	48		46						49	49	49	47			49	48													60	360	13	
4815	Thain, Jane	48				48	49				55					49	48		49				46														60	359	9	
4452	Hall, Linda	47							47			45				48																		45		55	60	300	6	
4622	MacIntyre, Norma	48									44											47						55									60	206	4	
4178	Kennedy, Bernadette	45	49	47							48																									49		193	4	
4245	Chapman, Darlene	46														55			49																		60	164	3	
4810	Lausch, Rebecca	48																																				159	3	
4351	Sarginson, Janice	46												48																								152	3	
4926	Fairbairn, Heather	46							49																													144	3	
4411	Brenton, Janelle	45									47																											140	3	
4148	Cook, Rhonda	45																																				110	2	
4850	Sullivan, Sandra	47											48																								60	108	2	
4913	Allen, Suzanne	46											55																									103	2	
4769	Leslie, Laura	45							49																													98	2	
4083	Czapalay, Ava	45																48																				94	2	
4995	Young, Suzanne	46										49																										93	2	
5015	Lawrence, Kelly	47																																				91	2	
4687	Sweet, Trish	46																																			60	60	1	
4918	Allen, Ann	47												55																								55	1	
5021	Cameron, Patty	49						55																														55	1	
4495	MacEachern, Mary	46																																				49	1	
4823	Ingeborg, Kelly	49		48																																		48	1	
4970	Fergusson, Shelley	45								48																												48	1	
5091	McTaggart, Kim	45																																				48	1	
5013	Hutchings, Betty	46											47																									47	1	
2292	Eddy, Patsy	47																																				0	0	
3043	Higgins, Joy	48																																				0	0	
4306	Murney, Sherri	45																																				0	0	
4335	MacDonald, Barbara	48																																				0	0	
4443	McCluskey, Susan	49																																				0	0	
4648	Groves, Jackie	45																																				0	0	
4700	Dakai, Carol	45																																				0	0	
4830	MacDonald, Carey	45																																				0	0	
4892	Parkhill, Jenny	45																																				0	0	
4910	Lavender, Shannon	47																																				0	0	
4991	Flemming, Shelley	48																																				0	0	
5029	Thompson, Carole	49																																				0	0	
5107	Hill, Elizabeth	45																																				0	0	
5109	MacGillivray, Patricia	45																																				0	0	
			40	2	4	1	3	2	4	4	4	7	1	1	3	3	3	2	4	0	1	6	1	2	3	3	3	3	0	8	0	2	8							

RNS #	Name	Age	Dalhousie	Greenwood	Bridgewater	Enfield	Enfield	Lunenburg	Johnny	Johnny	Johnny	Liverpool	Amherst	Pictou	Sheila	Windsor	Nova	Nova	MacPass	Dartmouth	Digby	Louisbourg	Race	Cobequid	Berwick	Gala	Cole	Fiddlers	Fiddlers	Valley	Valley	NSAC 5K	Volunteer	Best 7	# of		
			Spring	ZX 10K	Field of	Wolfville	Penguin	Penguin	5 K	Miles	Miles	Miles	5 Miler	Cross-Border	Run for the	Lobster	Poole	10K	10K	10K	Marathon	Marathon	Mile	Natal Day	Scallop	Through	Trail 10K	5 Miler	Harbour	Half	Marathon	Marathon	Marathon	Marathon	Marathon	Points	Races incl
4086	MacDonald, Susan	53		55											55						55	55			55								60	390	8		
4387	Smith, Joanne	53	55				55		55			55				49																		60	384	7	
4467	Macpherson, Ena	50	49	49			55			55					55			55							49	55					49				60	373	10
4626	Gaillard, Christine	51	47					47	46	49					55																			60	351	7	
4637	Houston, Norma	50				49		47	48						48										49		47							60	348	7	
5023	Naugler, Kathy	51				47		46		47			55	49									46								46				336	7	
4844	MacDonald, Brenda	51																							48	46	48	55			47					244	5
2884	Fitzsimmons, Catherine	51	48			49		49	48																	48										242	5
4159	Gillis, Sue	53						48									55									47					45					242	5
4928	Court, Cheryl	51				48			49	55														55											207	4	
4190	Archibald, Sherry	51								48												45												60	153	3	
4547	Clarkson, Liane	50									44					46											48									138	3
1145	Pevehill, Debi	53	46	48																																94	2
4987	Vernon, Lynn	54							45	49																										94	2
5001	Hutchison, Donna	53	45				48																													93	2
5134	Ivany, Lyn	50																																		55	1
5088	Hecimovich, Celene	51																									49									49	1
3018	Singleton, Kay	53																													48				48	1	
4454	Woodbury, Christine	51																					44													44	1
2667	Chiasson, Dianne	51																																		0	0
4017	Britten, Sandra	51																																		0	0
4785	Pawlowski, Loreen	52																																		0	0
4886	Johnson, Pamela	52																																		0	0
4889	Kelley, Susan	53																																		0	0
4912	Salsman, Heather	52																																		0	0
4924	Cumming, Karen	54																																		0	0
		26	6	3	0	4	3	5	7	3	4	0	1	1	2	1	5	1	0	1	7	1	1	3	5	4	1	0	6	1	0	5					

RNS Series Stats 2009

Females 60 to 64

RNS #	Name	Age	Dalhousie	Greenwood	Bridgewater	Enfield	Enfield	Johnny	Johnny	Johnny	Amherst	Pictou	Sheila	Nova	Nova	MacPass	Dartmouth	Digby	Louisbourg	Berwick	Cole	Fiddlers	Valley	Valley	Best 7	# of							
			Spring	ZX 10K	Field of	Penguin	Penguin	Lunenburg	Miles	Miles	Miles	Cross-Border	Run for the	Pool	Windsor	Half	Scotia	Bridge	Natal Day	Scallop	Through	Cobequid	Gala	Harbour	Half	Fiddlers	Harvest	Harvest	NSAC 5K	Volunteer	Points	Races incl	
2942	Robichaud, Shirley	63		55	55	55		55	49		55		55	55			55			55						60	390	11					
4305	Dwyer, Vicky	60	49	48			55	48	48				55	49			48				49	55		49			361	11					
3063	Keenan, Jenny	63	55	49			49	49	46		49			49												60	360	8					
4894	Snow, Joanne	60	48		49		48	47	49								47			55		49					345	8					
4023	Tingley, Diane	61				55					55						49										159	3					
2604	Gillis, Georgie	64						48											55			55					158	3					
4368	Mooney, Janet	64		47																			48				143	3					
4838	Lambert, Catherine	61						55																55			110	2					
4915	Kellock, Nicole	60						47															55				102	2					
5036	Allaway, Simonne	62						46															47				93	2					
1059	Gough, Gabriele	62																							60	60	1						
4518	Winaut, Wanda	62						55																			55	1					
4166	Topliss, Brenda	61																									0	0					
4272	Leppard, Marie	63																									0	0					
4324	Draper, Carol	62																									0	0					
5127	Roddam, Nancy	60																									0	0					
			16	3	4	2	1	3	1	5	3	5	0	1	2	0	2	0	2	0	0	4	0	1	1	3	2	1	0	4	1	0	3

RNS #	Name	Age	Dalhousie		Bridgewater		Enfield		Enfield		Johnny Johnny Johnny			Amherst		Pictou		Nova Scotia		Nova Scotia		MacPass		Dartmouth		Digby		Louisbourg		Berwick		Cole		Fiddlers		Valley		Valley		Best 7	
			Tune-Up	Greenwood	Field of	Wolfville	Penguin	Penguin	Lunenburg	Miles	Miles	Miles	Liverpool	Cross-Border	Lobster	Poole	Windsor	Half	Scotia	Scotia	Bridge	Natal Day	Scallop	Through	Cobequid	Trail	Days	Harbour	Half	Fiddlers	Fiddlers	Harvest	Harvest	Harvest	Harvest	NSAC 5K	Volunteer	Points	Races incl		
4436	Oickle, Marion	67		55		55				55			55				55								55												55	385	9		
4908	Allen, Judith	66			55								49					49																				153	3		
598	Davidson, Mary	69																																				0	0		
4402	Fletcher, Joanne	69																																				0	0		
			4	0	1	1	1	0	0	2	0	0	0	1	0	0	1	0	2	0	0	0	0	0	1	0	0	0	1	0	0	0	0	0	0	0	1	0			

